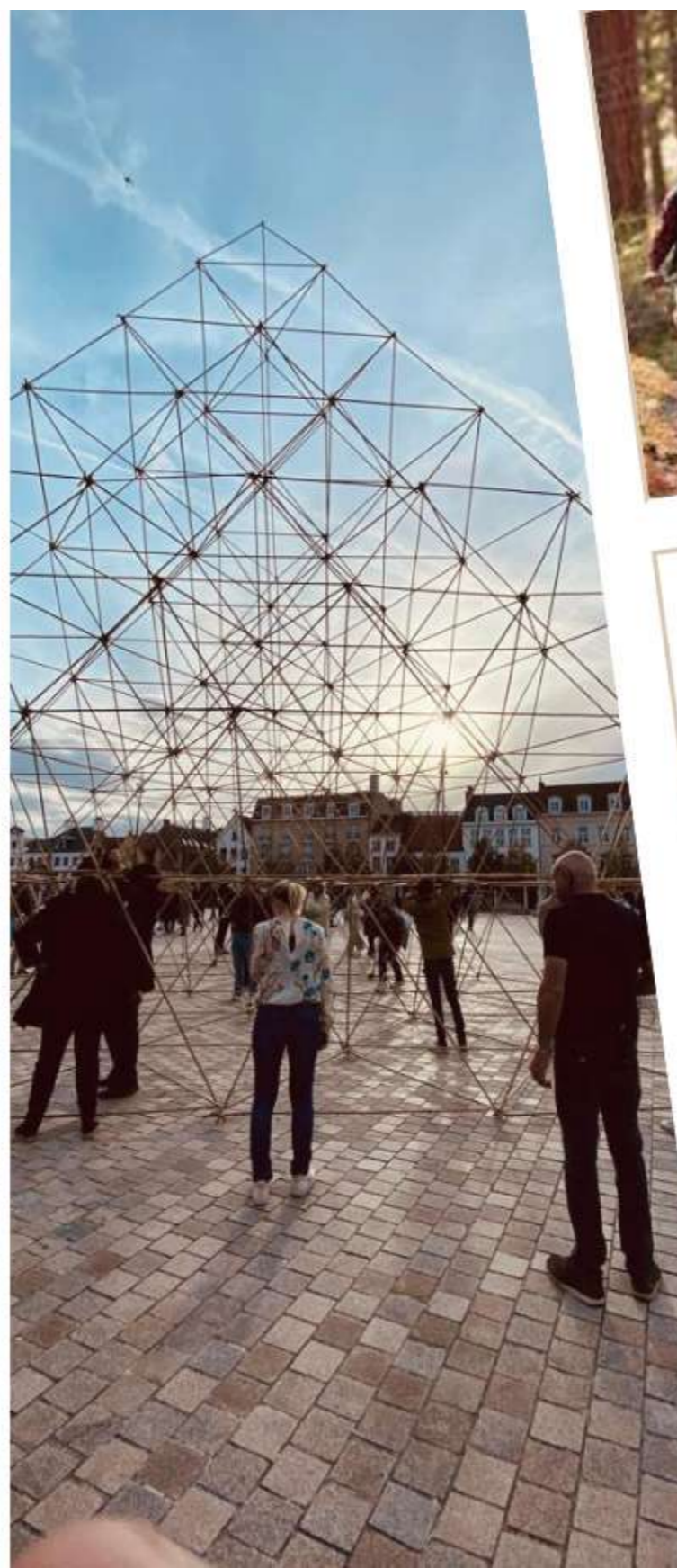


UNIQUE CORPORATE TEAMBUILDINGS, EVENTS AND COACHING CUSTOMIZED AND ANYWHERE IN EUROPE



ABOUT ECCO LA LUNA

MISSION

Ecco La Luna or 'look at the moon' in Italian, is not just a name with a nice ring to it. This name, and our organization itself, was some 20 years ago inspired by the movie 'Man On The Moon'. The sandman who lives on the moon lets children dream. And that is exactly the **mission** of Ecco La Luna: **help realize the dreams** of groups and companies.



VISION

Whether it concerns teambuildings, events, learning or leisure, Ecco La Luna always offers a safe framework in which every participant - among colleagues - dares to show his or her personality and to deploy his or her skills. Our formats actively put participants and teams to work. Everyone is addressed and all participants are taken into account, our formats are feasible for everyone regardless of age, gender, cultural background, physical condition ...

This is always possible in a creative, playful and often very simple way.

With a fixed multilingual crew and a down-to-earth approach, we organize 350 events every year and try to create a unique experience for every customer. This with our own, unique formats for groups starting from 2 people, anywhere in Belgium or Europe.

We wish to create a lasting impact, in which the fun aspect is undeniably very important.

TELL US ABOUT YOUR TEAM, DREAMS, NEEDS ...

TEAMBUILDING, EVENTS, LEARNING, LEISURE

+ 350
EVENTS / year

+ 1000000
PARTICIPANTS

+20 years
EXPERIENCE

+1000
CUSTOMERS

WELCOME

T.E.L.L. US ABOUT YOUR TEAM, YOUR DREAMS, NEEDS ...

T EAMBUILDING

Teambuilding is essential to understand the strengths of people with whom we work or are in contact on a daily basis. We believe that people are capable of more than six sometimes dare to think and that they are more productive when working with others. Ecco La Luna strives to really work with your team and make a lasting impact. From that point of view, we prefer to speak of **Team Development** rather than Team Building.

E VENTS

As an event agency, we are happy to organize the complete picture of your event (location, catering, decoration, animation ...). From seminars (both daily and multi-day seminars) and incentives to family days, staff parties, theme parties, product launches, team building, networking events to customer parties, we listen to your needs and develop a tailor-made event, both at home and abroad.

L EARNING

Through our learning modules we want to go out as a coach together with an individual, team or organization that needs change, pursues a goal or can use support in difficult times. The starting point here is the living of activities that are best suited to that goal, the desired change or that predetermined need. With this we wish to achieve a lasting impact on the individual, the team or the organization in question.

L EISURE

Looking for a pure fun activity for your group of friends, family team or organization? We are happy to help you on your way to the necessary relaxation day together.



T.E.L.L. U. S.



UNIQUE SOLUTIONS

MOBILE ADVENTURES APP

= YOUR TOOL TO...



ONBOARD

Physically and substantively welcome new colleagues to an existing or new site or campus.

EXPLORE LIVE

Exploring and discovering a (new) location, which can be a museum, a domain or a city (see 'in the city')

PLAY ONLINE

From home or in (smaller) teams on the spot, with your own PC and smartphone with our free App, a digital game

WINTER EXPERIENCES

SEASON'S SPECIAL!!

Looking for inspiration for your **New Year event**?

We will gladly help you organise your next team event from A to Z with the right location, food and drinks, activities and entertainment!

Below a few suggestions / icebreakers:

- **Curling** (30 to 120min) Glide down the (mobile) curling lane and compete for the title of Curling Champion

More detailed info on this new concept on simple request by mail

- **Fire-walking** (60 min) Strengthen team spirit with a groundbreaking crackling experience

- **Ice sculptures** (120min) Let creativity flow as you create a work of art in ice together

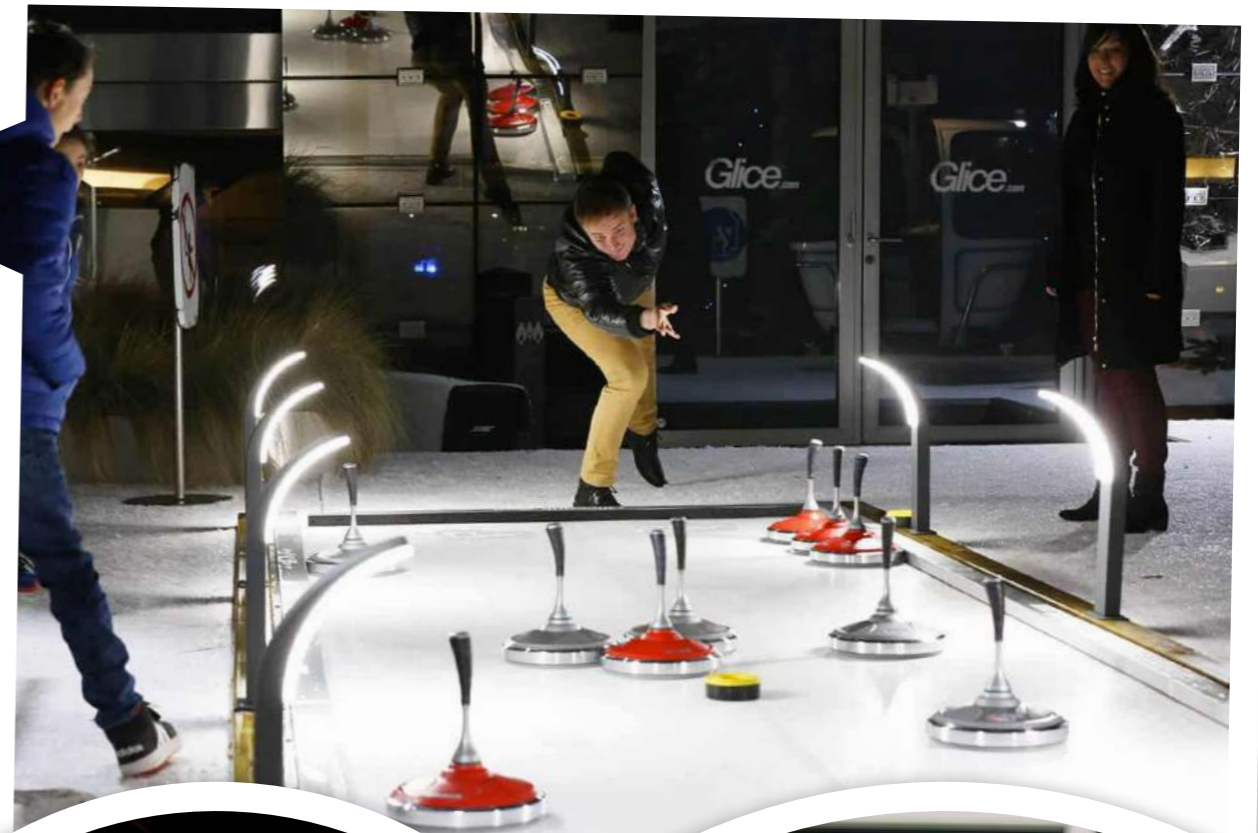
Or maybe you are still looking for an extra activity for your Christmas or New Year's Eve?

That's possible with one of the following indoor activities to get guests in full party mood:

Casino night (2h to 4h) Take a gamble and experience the thrill of casino games. An evening full of glamour, poker faces and luck. Perfect for a themed party.

Traditional games & darts (1h to 4h) Return to traditions with fun folk games, set up in

Cocktail Mystery workshop (1.5h to 2h): Discover the secrets of the perfect cocktail. Perfect as an appetizer moment before dinner or lunch.



SOLAR BUDDY

NEW !

Charity: a team-building initiative with **social impact!**

'SolarBuddy' is an organization dedicated to **bringing light to children** in difficult home situations. Would you like to raise awareness as a company during a special CSR-oriented team-building?

By opting for a **1-hour teambuilding activity** like SolarBuddy, you can change and positively impact the life of a 10-year-old child by gifting them a SolarBuddy. This enables them to read, learn, study, dine with their parents, move about safely outdoors, and continue to develop themselves when it's dark.

This team-building consists of **three parts**. In the first part, "**Learn**," we will inform the participants about what '**energy poverty**' exactly is and why we want to help fight it.

In the second part, "**Make**," they can assemble a Solar Buddy lamp themselves – one that operates on solar energy. These lamps, which capture sunlight during the day, help children read and study longer in the evenings. After assembling, participants can write a **personal message** for the recipient.

Finally, there is the third part, '**Illuminate**,' where the lights are delivered to children in developing countries.

In this way, as a team, you can not only **contribute financially** to the SolarBuddy lamps but also actively participate in their creation and distribution. This enables you to create a **lasting impact** while strengthening teamwork within your organization.

Since its establishment in 2016, SolarBuddy has donated hundreds of thousands of solar-powered lamps, literally brightening the lives of nearly 1 million people in 19 different countries.



TEAMBUILDING / TEAM DEVELOPMENT



Team building is essential to understand the **strengths** of people we work with or interact with on a daily basis.

We believe that people are capable of more than they sometimes dare to think and that they are more productive when they collaborate with others.

Ecco La Luna strives to really work with your team and to ensure a **lasting impact**. In that view, we prefer to speak of Team Development rather than Teambuilding.

To facilitate the search for the suitable activity(ies), we divided our formats into several categories.

Take a look on the next pages:

www.eccolaluna.be/team-development

CATEGORIES

OUTDOOR & ACTION!

INDOOR & RELAX

IN THE CITY

BUILDING TOGETHER

SOCIAL AWARENESS

ON THE MOVE!

INSPIRED BY ART

INSPIRED BY MUSIC

CULINARY

ONLINE

SEE SPECIFIC CATALOGUE

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OUTDOOR & ACTION!

- TEAM TRAIL
- WAR FOR TALENT
- THE MOLE!
- FARM GAMES
- TEAMBUILDING CHALLENGES
- TEAM ROBINSON
- BEACH OLYMPICS
- TRAVEL AROUND THE WORLD
- SHOOTING MANIA
- WALK ON GLASS / ON FIRE
- FOREST EXPLORER
- SOAP BOX EXPERIENCE
- KOMPET GAMES
- BIKE & OUTDOOR SPORT EXPERIENCES



TEAM TRAIL

Go on a trip with your colleagues and discover how you can work together as a team to complete your Team Trail in the most efficient way.

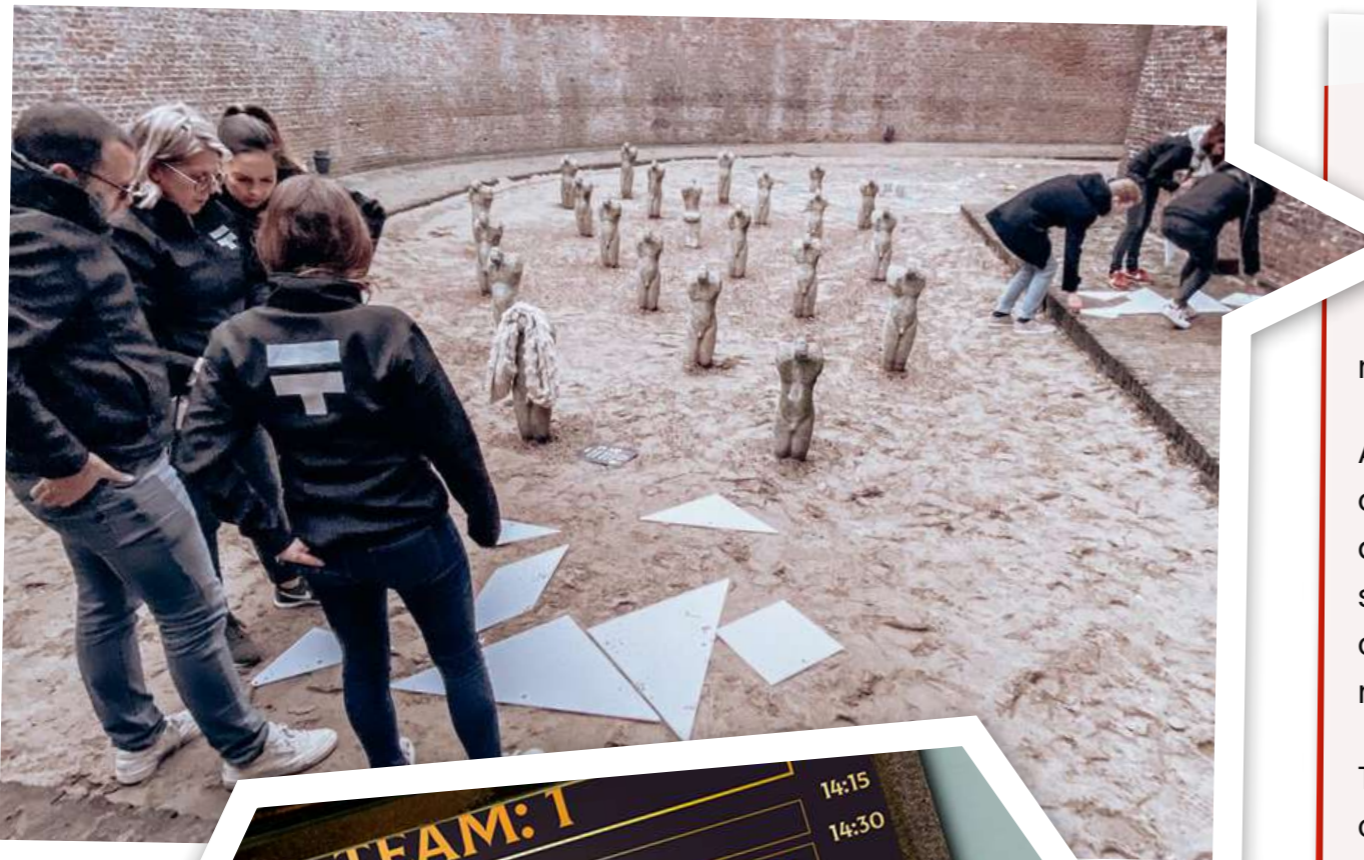
In the popular TV show 'Kamp Waes' we saw the potential power of an orientation trip in group and from there we started to develop this concept.

Each team receives a detailed map of the nature reserve with the different waypoints and team assignments along the way (with or without predetermined restrictions). How do you, as a team, organize to visit all waypoints within the scheduled time? Do you start with a good planning or do you get in 'head first'? How do you deal with the strengths and weaknesses in your team? Who takes the lead and takes the team in tow and what if someone else is put forward to take over?

The mobile phones go off for a while and you are dependent on each other and on the map for the rest of the course. Disconnected from the outside world but all the more connected with your teammates, you're on your way.

For this format we will talk to you beforehand. We listen to your wishes and needs and will work with you to offer a Team Trail tailored to your needs. Your Team Trail can take one or more days or be limited to an hour and a half, it can be made physically strenuous or it can be accessible to everyone sooner. We also adjust the team challenges along the way to what has come out of our preparatory interview. If desired, we can provide accommodation in tents or something more comfortable in a hotel, a workshop campfire cooking or dinner in a cozy restaurant ...





WAR FOR TALENT

During this teambuilding, teams are challenged to make maximum use the talents of their "warriors".

A number of team-strengthening challenges are presented in which one talent will be given more explicit attention than the other. By letting different challenges take place at the same time, teams need to strategically decide which "warriors" to use on which challenge. Some challenges may also take a longer period of time, making team members unavailable on other simultaneous challenges.

There are challenges around strength, insight, creativity, speed, communication, ... something for everyone.

The teams receive a clear planning in advance with the challenges, timings, locations, the number of warriors per challenge and which talents are important for each challenge. It is up to the teams to use their "human resources" optimally.

The scores are digitally registered per challenge so that the winning team of the 'War For Talent' is known immediately after the event!

_This is not a standard program and depending on the group size (from 20 to +500), timings, location, budget and wishes of the client, this teambuilding will be tailor-made.

_We can work with "basic" assignments, but can also integrate a mobile escape box, the VR-challenge, an interactive iPad-game and a drone-challenge in this challenging program.

Challenge	Time	Warriors
MISSION BRIEFING	14:15	-
RAISE YOUR FLAG	14:30	5
Drones	15:00	5
FLOOR IS LAVA PUZZLE	15:00	5
VIRTUAL REALITY	15:00	5
HANG-MEMORY	15:40	5
BLENDER BIKE	15:40	5
TANGRAM	15:40	5
DROP THE BALL	16:00	5
ESCAPE 2 VICTORY	16:00	5
CALCULATOR	16:20	5
TANGRAM	-	5
DROP THE BALL	-	5
BLENDER BIKE	-	5
HANG-MEMORY	-	5
CALCULATOR	-	5
RAISE YOUR FLAG	-	5
FLOOR IS LAVA PUZZLE	-	5
DRONES	-	5

WAR FOR TALENT
10/01/2020

THE MOLE!

In 'La Talpa', we introduce you to an exciting game where nobody can be trusted.

Participants are divided in groups who compete against each other in all kind of tests. Some play a double game: they secretly try to sabotage the missions.

Finally however this is a team building game and you try to win as a group. An interesting idea to start a game: knowing that you have to cooperate if you want to win, while at the same time realizing that someone is trying to prevent it.

A game where collaboration is necessary to have enough information at the end of the game to be one step ahead of the traitor, to block and to unmask him/her!

This is a game where people start with different ambitions but end with one and the same goal: to unmask the traitor!! In short, let you carry away in a wonderful game where trust and treason were never so close together, because you never know who you can trust for 100%.

Who knows: maybe your best friend in real life is a true traitor in the game!





FARM GAMES

There is a lot of work on the farm!

These farm games will remind you of the typical tasks in and around a farmyard.

Different teams use their farmer skills and look over each other's shoulder at the success of their harvest.

The activities are very diverse and always linked to the farm:

- hay bag bowling,
- wheelbarrow racing,
- egg throwing,
- goat milking,
- farm quiz,
- animal-memory ...

Optionally, we can also integrate the following options in the format: herding sheep, tasting local products, farmer's golf ...



TEAMBUILDING CHALLENGES

In groups of 5 to 10 people, the participants compete against each other in all kinds of **challenges**.

The tasks can be very diverse and appeal to both thinking and doing. The contribution of each group member is decisive for each assignment. Team spirit, cooperation, creativity, perseverance, speed, agility, tactical insight ... are all touched.

Examples of assignments? Calculator, Minefield, Tower of Power, Magic Stick, Toxic Waste, Team Puzzle, Drop The Ball, etc.

These assignments can be done **with coaching (Team Dynamics)** or **without coaching (Team Challenges)**.



TEAM ROBINSON

Dare to venture? Your own Team expedition!"

At the crack of dawn you wash ashore on a **deserted beach**. Various team flags are placed in the middle of the island. The stranded colleagues gather somehow insecure around these flags, where it soon becomes clear that everyone is part of 1 camp. The colour of your bandana immediately reveals to which camp you belong and especially who your fellow camp mates are. TEAM ROBINSON has begun.

You are face to face with the camp members of the other teams. Then you receive a first mission to complete: let the other camps know who you are and what you stand for. Creating your identity as a team, a short catchphrase, a slogan or one-liner can instantly demonstrate the other camps how ambitiously you face this expedition.

During this expedition you will get the chance to get the other camp members to know better. Because 1 thing is for sure: during Team Robinson every camp member will be and become important. Get to know each other and use each other's skills during the different challenges. During the challenges various skills will be addressed: strength, speed, cooperation, concentration, riddle solving skills and thinking strategically. This is a game in which everyone will make an important contribution to the camp's success. Togetherness and the "1 for all and all for 1" motto, are no empty words in this game.

We will finish off around a heart-warming campfire with all the camps together on the deserted beach, where we will enjoy a nice barbecue and the closing finale of your Team Expedition. During the finale the 2 representatives of each camp will compete against each other to boost the final score and to eventually succeed together with their camp, in getting the coveted title of "TEAM ROBINSON"!



BEACH OLYMPICS

During the Beach Olympics we divide the group in different country teams. For the sake of solidarity we let every team create an own flag and motto, based on the colours and values of their country.

The teams play all kind of different **sports** on the beach in competition against the other countries.

Depending on the weather and group composition, we present you a fascinating combination of earth ball, bumper football, frisbee golf, beach volley, kubb, building sandcastles, slingshot water balloon, XL-ring game, waiter's obstacle race, metal detector game, sand ball (beach handball)...

The Beach Olympics guarantee a great team day.

We end the day with a ceremony and the prize giving. Afterwards the party can begin in your own Belgium Beach House.



TRAVEL AROUND THE WORLD

Each team chooses to represent a country and provides its own costumes (homework as a teaser). Optionally we can also provide costumes if necessary.

On the day itself we travel around the world, from country to country... Each country has a practical task to fulfill, knowledge questions to answer, a workshop and a tasting session.

During the various missions the countries can raise their joker that they gained during the tastings/knowledge questions.

This concept can also be used as a **travel through time** where the participants travel from prehistoric times to the 21st century and also complete all their missions.





SHOOTING MANIA

Before each mission you are first given a short explanation about the safety and techniques.

Then the participants can try everything out. Everyone has to pass all the shooting stands and have a number of shooting attempts. The scores will be held so we will gradually know who the winner will be!

While the colleagues are shooting, the other participants can enjoy a drink at the bar.

One by one we finish all the shooting series and then the winner will be announced.

Possible shooting sports:

- * blowpipe shooting, archery
- * pistol gun shooting
- * rifle shooting
- * laser shooting
- * laser clay pigeon shooting
- * catapult shooting



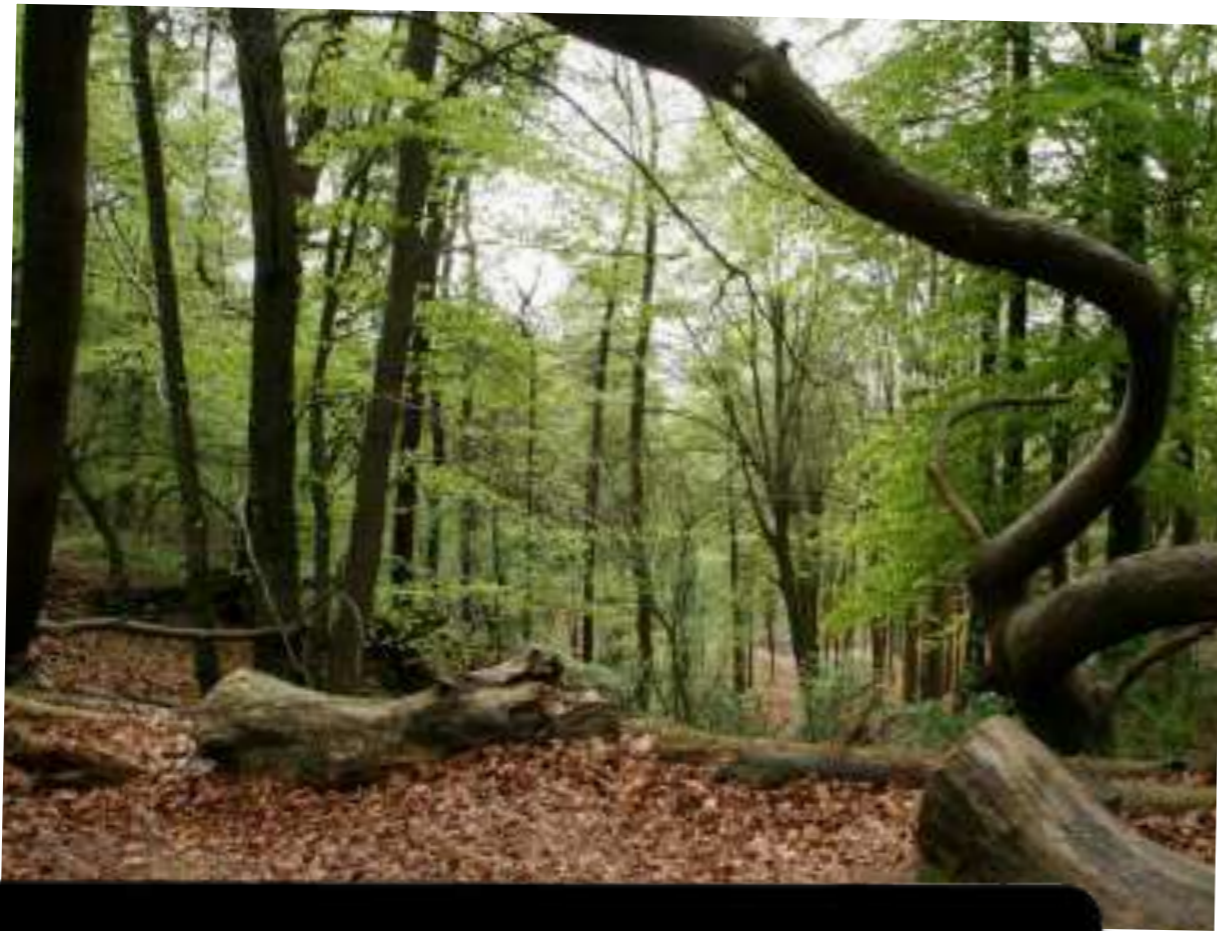
WALK ON GLASS / ON HOT COALS

Make your way over a path with shards of glass or piping hot coals.

Come out of the stream of your thoughts and be present in the here and now.

Systematically increase your confidence and control over every next step and take away all doubt, fear and disbelief. We provide a safe framework and conduct of these activities.





THE FOREST EXPLORER

A unique, **interactive** experience with which you can explore **any green location**.

Together with your team you will be sent on a mission to unlock tasks and challenges using image recognition.

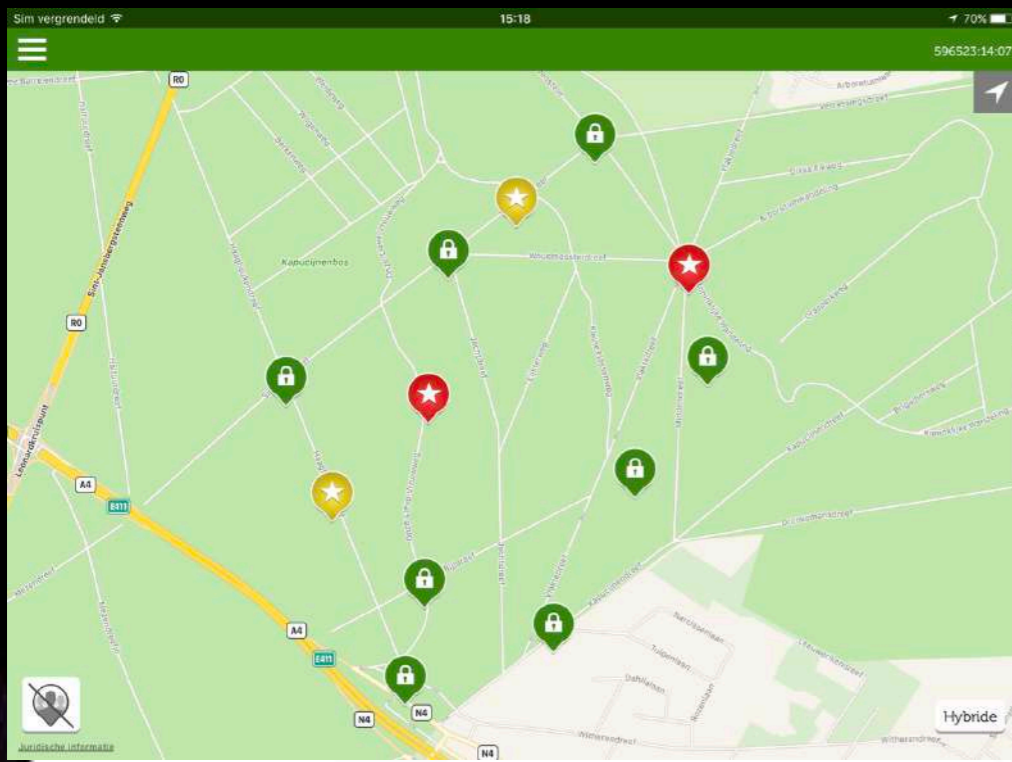
Armed with a tablet as a guide, you and your team navigate through the forest. You earn valuable points by working together, answering questions, completing tasks and showing your most creative side to complete photo and video challenges.

The Forest explorer introduces you to any location in all its facets in a challenging and fun way.

Educational content and fun are integrated into a compelling game and the involvement of the participants is increased by involving them in an interactive way. Both the use of **image recognition** and **augmented reality technology** are possible.

And as a bouncer, the photos and videos can be projected on a TV plasma screen or on a large screen during a closing drink or lunch or dinner, putting the winning team in the spotlight.

Possible locations: Sonian Forest (Groenendaal), Kluisbos (Flemish Ardennes), ...





SOAP BOX EXPERIENCE

Build your own soapbox!

Keywords in this teambuilding are **tactics, strategy and creativity**.

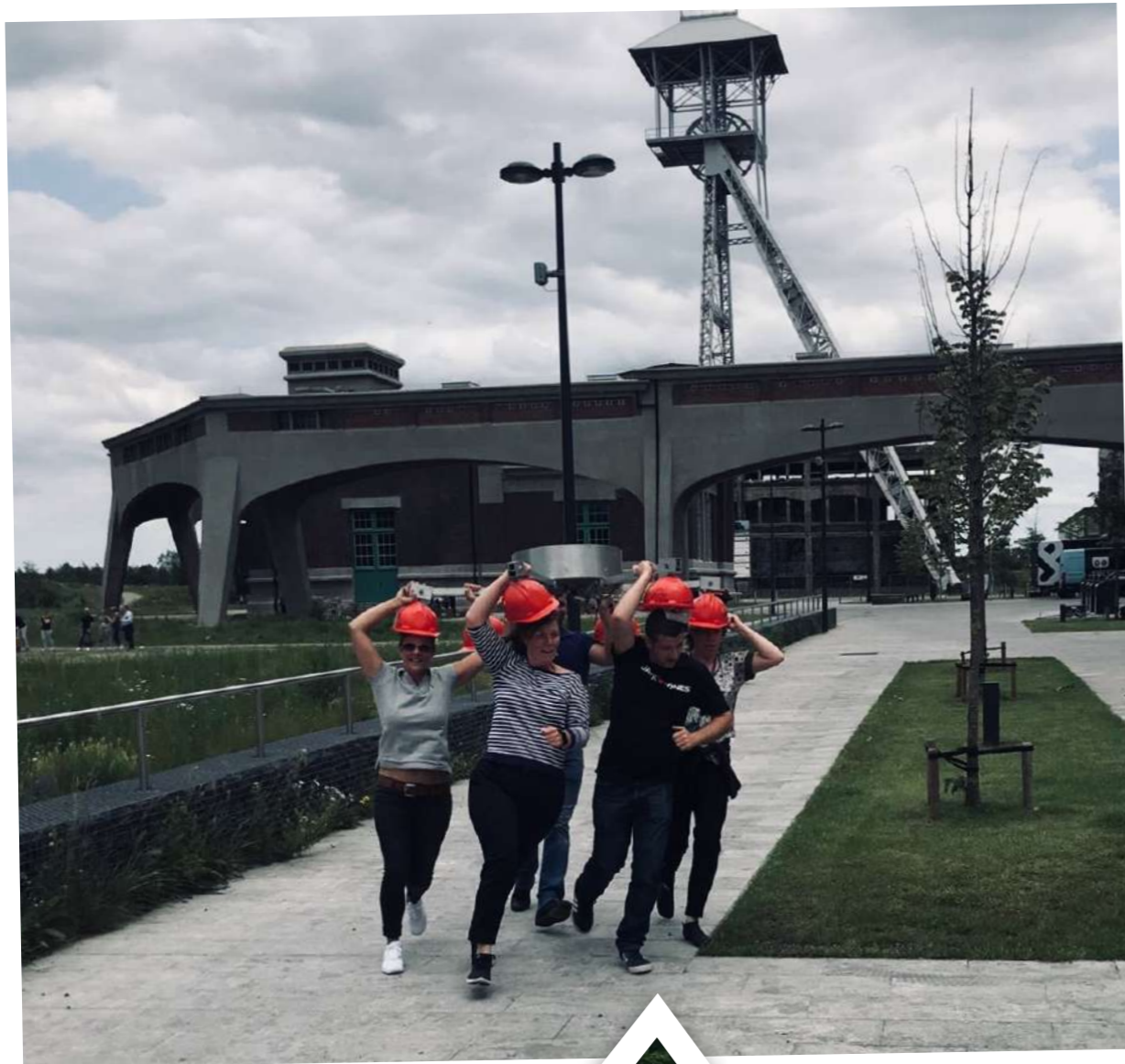
Your group will be divided into several 'race stables' (1 soapbox per team of 7 persons).

The activity takes place in different phases - in which points can be earned each time:

- The teams choose a name for their '**race stable**' and create their own logo;
- Through various **interactive challenges** on iPad, the teams earn money to buy parts for their soapboxes in the garage shop.
- All **parts** to build and decorate the soapboxes are displayed 'in the garage' by our 'Mario and Luigi'.
- There are no fixed prices for the parts, it's up to you to **negotiate** with our "Mario and Luigi" who have their roots in the mafia country par excellence: Italy.
- Once the teams have purchased enough building blocks, they start building their soapboxes.
- In the end, the teams are presented with a number of **challenges**, which they successfully complete with their own soapbox.

The team that scores the most points on the various challenges and builds the most beautiful soapbox is the deserved winner of this experience!





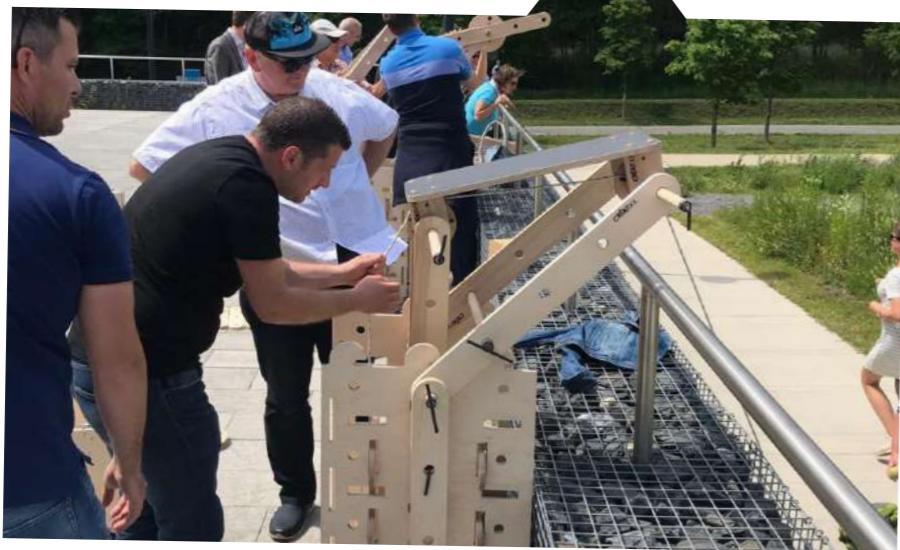
KOMPEL GAMES

Miners go through life as 'kompels'.

In Limburg, but also in Hainaut, a number of former mining areas bear witness to the rich **historical past** of the miners.

Challenge your colleagues and friends in all kinds of team assignments from the daily life of miners in a teambuilding atmosphere. Different teams put their skills to the test and look over each other's shoulder for success. The activities are very diverse and always linked to the miners' activities.

This event can be combined with e.g. a miners museum or a more extensive visit to one of the historical mining sites.





BIKE & OUTDOOR EXPERIENCES

Looking for a **sporty, adventurous, and enriching teambuilding** day in beautiful Limburg or elsewhere in Belgium or Europe? We deliver unforgettable bike and outdoor experiences tailored to your team, dreams, needs, and budget!

The Bike & Outdoor Sport Center (the 'BOS-Center' in short) organizes **guided nature tours** with the support of a follow-up car equipped with spare materials. A **'follow-camper-van'** regularly provides participants with pastries, fruit, cold and hot drinks, warm soup, or other treats. The offered apples, pears, and the 'after-drink' always come from local sources.

Participants 'bike' along the most beautiful paved bike paths and gravel routes with **all kinds of two-wheelers**. Here's a glimpse of numerous possibilities: Regular bikes; Tandems; Unique Street-steppers E-bikes/scooters; (E-)mountain bikes

Mountain bikers can enjoy the selected MTB routes that include a multitude of hidden 'single-track' gems. Usually, both regular and E-versions are mixed, resulting in an unanimously positive response from both trained and untrained cyclists!

But wait, there's more! The bike rides can be combined with 'Outdoor Sports' on the water, such as supbikes, sups, kayaks, canoes, backrafts, and more.

Alternative to skiing and cross-country skiing:

Our bike tours are a superb alternative to skiing or cross-country skiing in the Ardennes. A multi-day experience with our outdoor sports activities brings a lot of satisfaction and is the perfect **alternative to a short ski** trip in the Alps without the need for extensive travel.

With the right clothing, these activities can be perfectly executed in the autumn and winter months. There's no need to wait for snow!





INDOOR & RELAX

- ESCAPE TO VICTORY
- INTERACTIVE QUIZ
- CASINO XL
- GAME OF DRONES
- TEAM CHALLENGES
- TRADITIONAL GAMES
- LEVEL UP
- THE FIVE SENSES
- LAUGHING SESSION
- FENCING
- EL MIRADOR
- CURLING GAMES



ESCAPE TO VICTORY

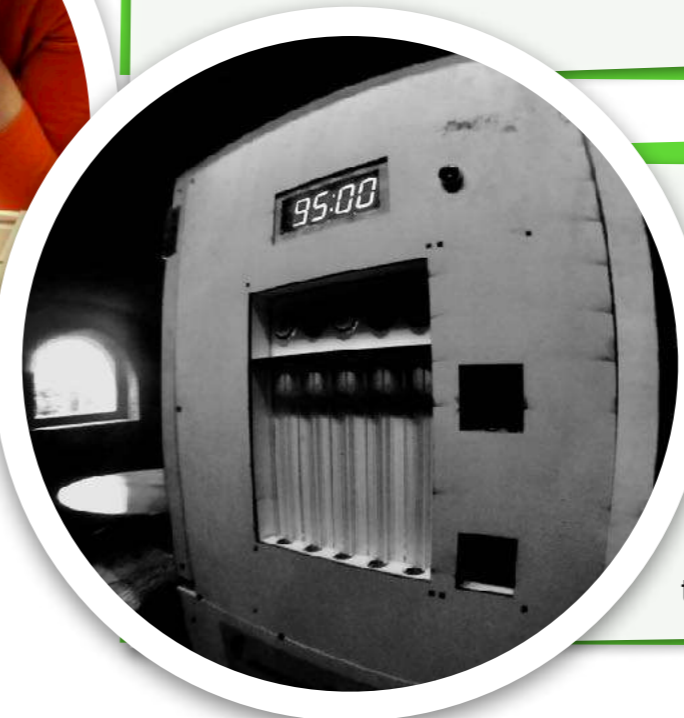
Escape to Victory is a unique **mobile** escape game.

Each team gets a big box that will reveal its secrets little by little. Once the box is opened, the clock starts counting down.

By working together on puzzles, riddles and team assignments, the teams will discover how to defuse the bomb of "**The Crazy Scientist**".

This mobile escape game can only be played indoors and takes approximately 2h15' including briefing and debriefing (can be customized to your needs). We develop 4 identical boxes of "The Crazy Scientist" and per box 8 to 15 participants can explore. That way we can have 60 participants playing every 2h15'.

This exercise can optionally be supervised by an experienced process supervisor / coach.



Are you looking for an Escape game for more than 60 people or an escape game that can be played remotely or hybrid? Take a look at our new Remote Escape Game "Ready For Launch" with unlimited number of participants/teams.

INTERACTIVE QUIZ

In our interactive quiz everyone is involved.

Put your heads together and test your knowledge on different subject matters: forgotten vegetables, scents and flavours, actuality, film, music ... Each quiz round is played according to another principle which can change the score after every round!

We also use tablets computers to be interactive with multimedia. Moreover some questions are related to your company. Even practical games like catching sticks is included.

Our quiz can also be played during a dinner, in between the courses of your meal. Collaboration and fun are our priority!

Option: Quiz XL with team challenges.



CASINO XL

AT Casino XL teams compete against each other.

Money can be earned by gambling in the casino, putting it on the bank or by lending it with interest, by solving riddles and completing practical tasks for example against other teams. What happens if the bank suddenly crashes? Or when it gives a bonus to the first or the last team etc.?

A huge score board keeps track of the crazy cash flow.



GAME OF DRONES

During this workshop you will be stimulated in different ways to bring out the pilot in you.

Practicing simple figures with a real drone are the start. As the workshop progresses, the figures and drones become more and more complex and you will be presented with different challenges. Technical skill, precision, speed and stress resistance will be amply present.

Keep a cool head and help each other, because this makes the difference between a stunt pilot and a dangerous pilot.

We finish with a real competition, in which different groups compete against each other in different rounds.

Curious who is the future stunt pilot within your team?

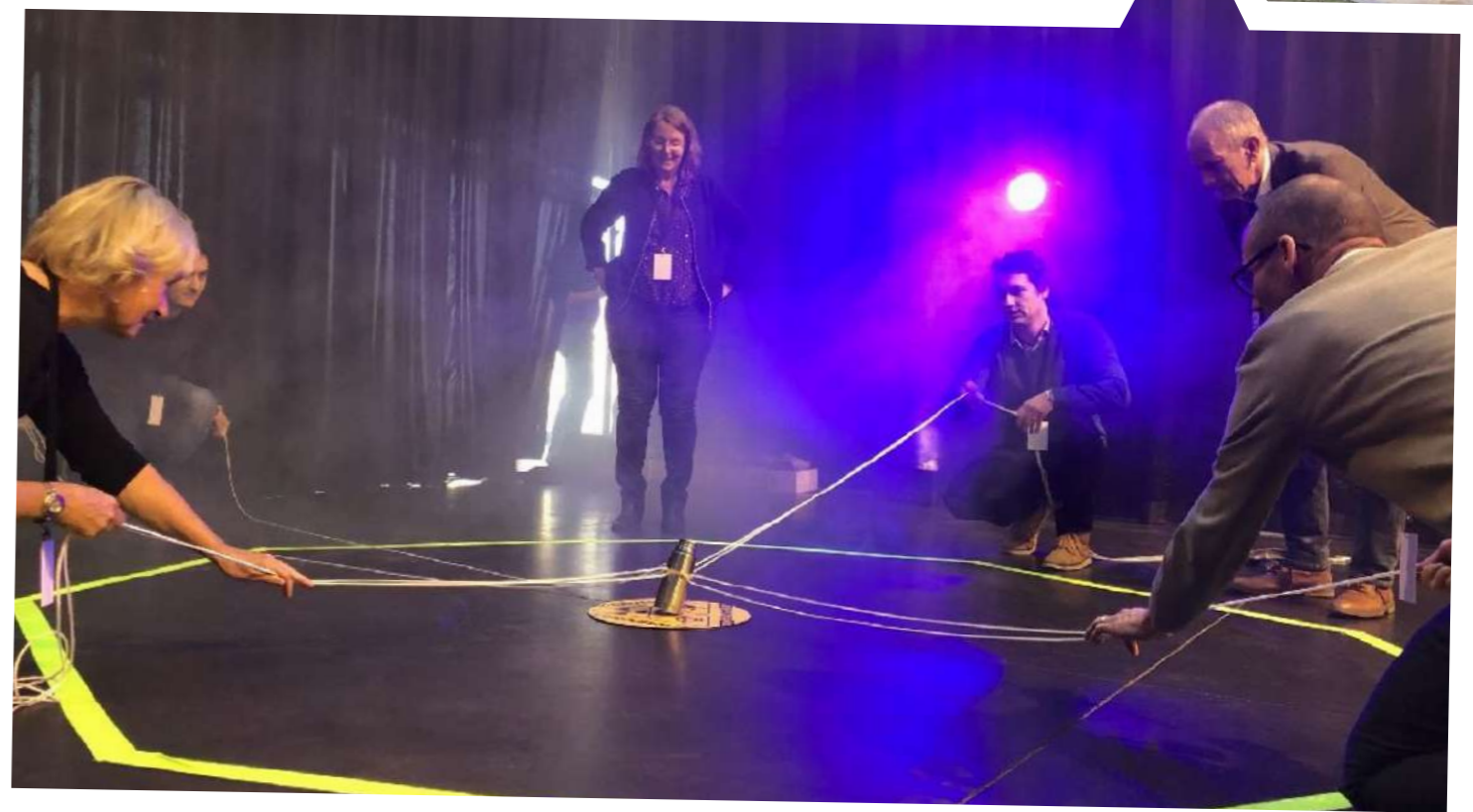


TEAM CHALLENGES

In groups of 5 to 10 people, the participants compete against each other in all kinds of challenges. The tasks can be very diverse and appeal to both thinking and doing. The contribution of each group member is decisive for each assignment. Team spirit, cooperation, creativity, perseverance, speed, agility, tactical insight ... are all touched.

Examples of assignments? Calculator, Minefield, Tower of Power, Magic Stick, Toxic Waste, Team Puzzle, Drop The Ball, etc.

Can be organized indoor and outdoor.





TRADITIONAL GAMES

Ecco La Luna offers a **nice collection** of classic and modern traditional games. These can be played during a teambuilding activity in a competition setup or just as an optional activity.

The traditional games will without a doubt make your party or event a success. Just like that, the games create a smile on every participant's face. For every occasion we have a tailor-made activity: company team building event, company competition, family day, side animation...

Possible games:

Kubb - Japanese billiards - Maze - Ring game - Air hockey - Table Hockey - Tangram - Cracker Barrel Game - Trou Madame - Jenga - Cheese game - Shuffleboard - Catch the stick game - Wip Wap - Cube - ...



LEVEL-UP

The aim of this **frenetic game** is simple...score as many points as you can before you run out of time! In this game of strategy, teams have to complete 5 increasingly complex levels of tasks and challenges, but the harder the challenge the more points it's worth!

Team strategy is the key to winning this challenge; will your group opt for a multitude of easy challenges, or work together to solve the higher value more complex questions? All whilst racing against the ticking clock.

This high energy challenge will help participants master delegation, time management, strategic planning and explore team working skills.

Most importantly teams will have loads of fun and feel motivated.





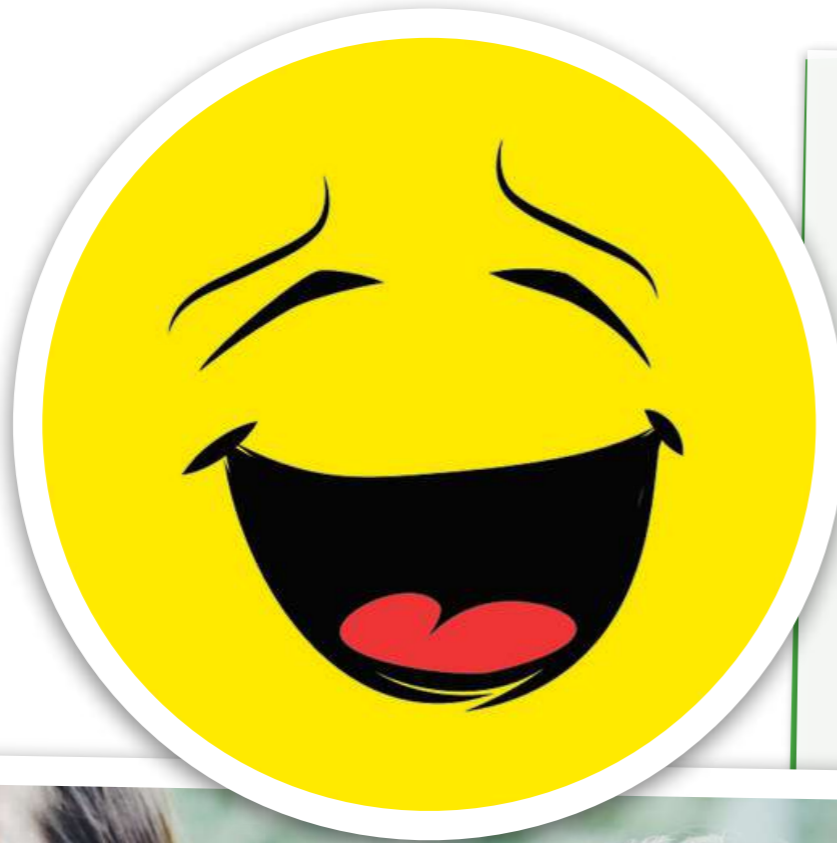
THE 5 SENSES

If you really want to experience something, then your 5 senses need to be stimulated.

With all kinds of challenges in which the teams compete against each other, we will stimulate your senses: hearing, touch, smell, sight and taste – extra. Furthermore we test some competences that are based on the use of senses, like for example your skillfulness.

This workshop will take you on a fun journey full of interesting, instructive, pleasant and playful activities and maybe who knows, you discover that you have a sixth sense?





LAUGHING SESSION

A laughing session is a combination of stimulating exercises and relaxing breathing techniques.

It is very infectious, brings people closer together and brings everyone in a good mood. Laughing workers are more productive and give a positive character to the company and the organisation. They obtain more, suffer less from stress and are less often ill. Scientific studies have shown that laughing helps to convert negative stress into positive stress and makes us feel better in body and mind.

Laughter sessions, a quick and effective way to have less stress, adjusted to your needs.





FENCING

Under guidance of one of Belgium's best fencers we introduce to you one of the oldest Olympic sports.

In a playful manner you discover the basic fencing techniques.

As soon as you know everything about footwork and some attack and defensive techniques, we move forwards to 'the duel'.





EL MIRADOR

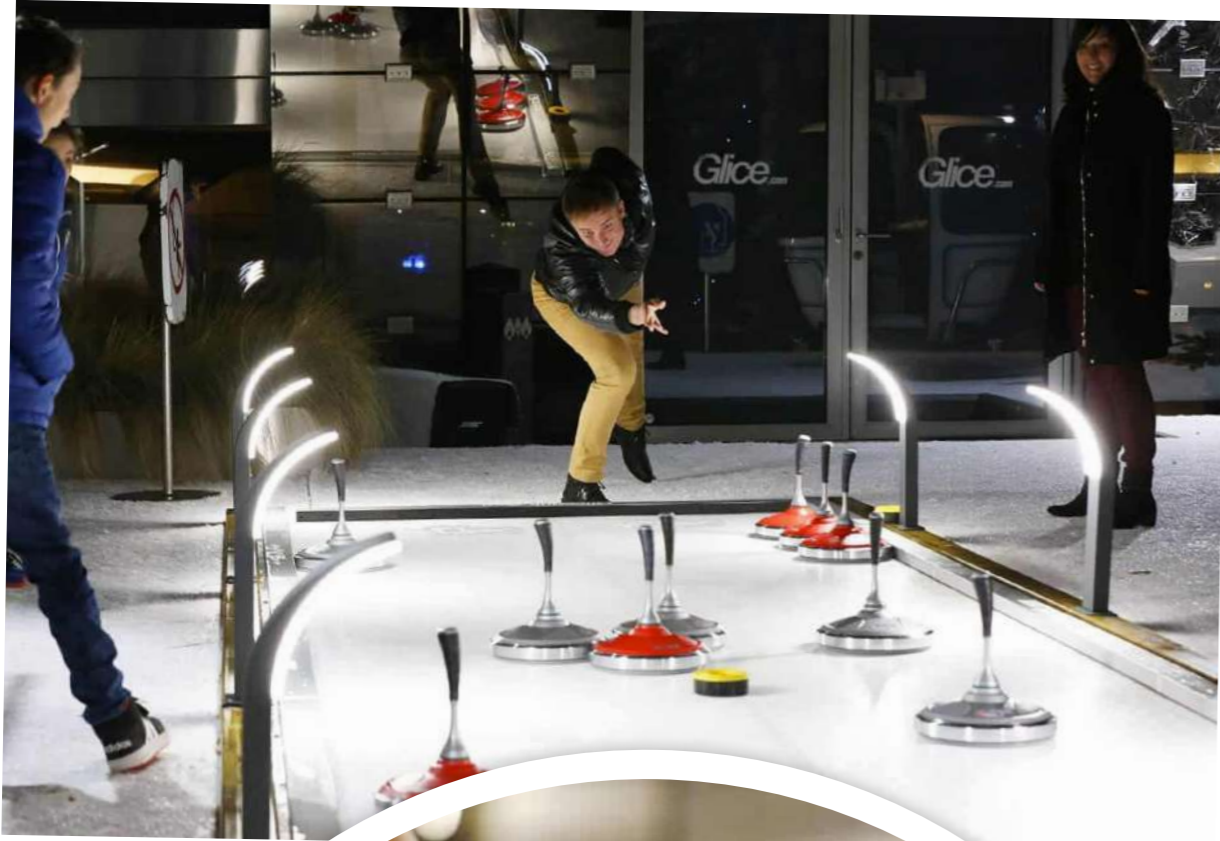
The archaeological research for the lost Mayan city “El Mirador” has long been overshadowed by the Mayan sites “Tikal” and “Copan”. However, during recent excavations in the presumed area of “El Mirador” the first evidence was discovered. This only feeds the suspicion that “El Mirador” must have been an important and rich Mayan city.

The feeling is growing that “El Mirador” will soon reveal its secrets. At the same time the gold fever is spreading amongst the adventurers. This causes an increasing number of expeditions to the impenetrable jungle around the forgotten city “El Mirador”.

And today is no exception!!! Different expedition teams have put their base camp in this region. There is however only one team who can reveal the secrets of “El Mirador”.

Put your team in position, because the race to the gold and thus the extra knowledge in your quest has begun!





CURLING GAMES

Bring a winter atmosphere to your event!

Eisstockschiessen (in German) or Eisstock Curling is becoming more and more popular around the world.

Curling on **synthetic ice** is no different from curling on natural ice. The synthetic ice has a dense molecular structure, allowing the Eisstock stones to smoothly glide on the ice. The synthetic ice is made to withstand heavy use and competitive play, ensuring durability and longevity for many years.

This **mobile version of curling** can be set up anywhere indoors or outdoors. We have different game concepts and extras such as Darts on Ice!



A fun activity in a relaxed atmosphere with a slight taste of competition.

Ideal to combine with another activity from our winter experiences.





IN THE CITY

- CRACK THE CODE (RAIN PROOF)
- CITY EXPLORER
- STREET OLYMPICS
- SPY SCHOOL
- THEME CITY GAMES
- CITY GAME AROUND DIVERSITY (Antwerp and Brussels)

CITY GAMES

Score the most points on the many **fun photo, video, do and think** tasks spread throughout the city with our interactive app games.

Compete in teams of 5 to 6 with your own smartphones. At the end of the game you will receive a **digital link** with all the photos and videos of all the teams for some afterfun!

Different types of city games:

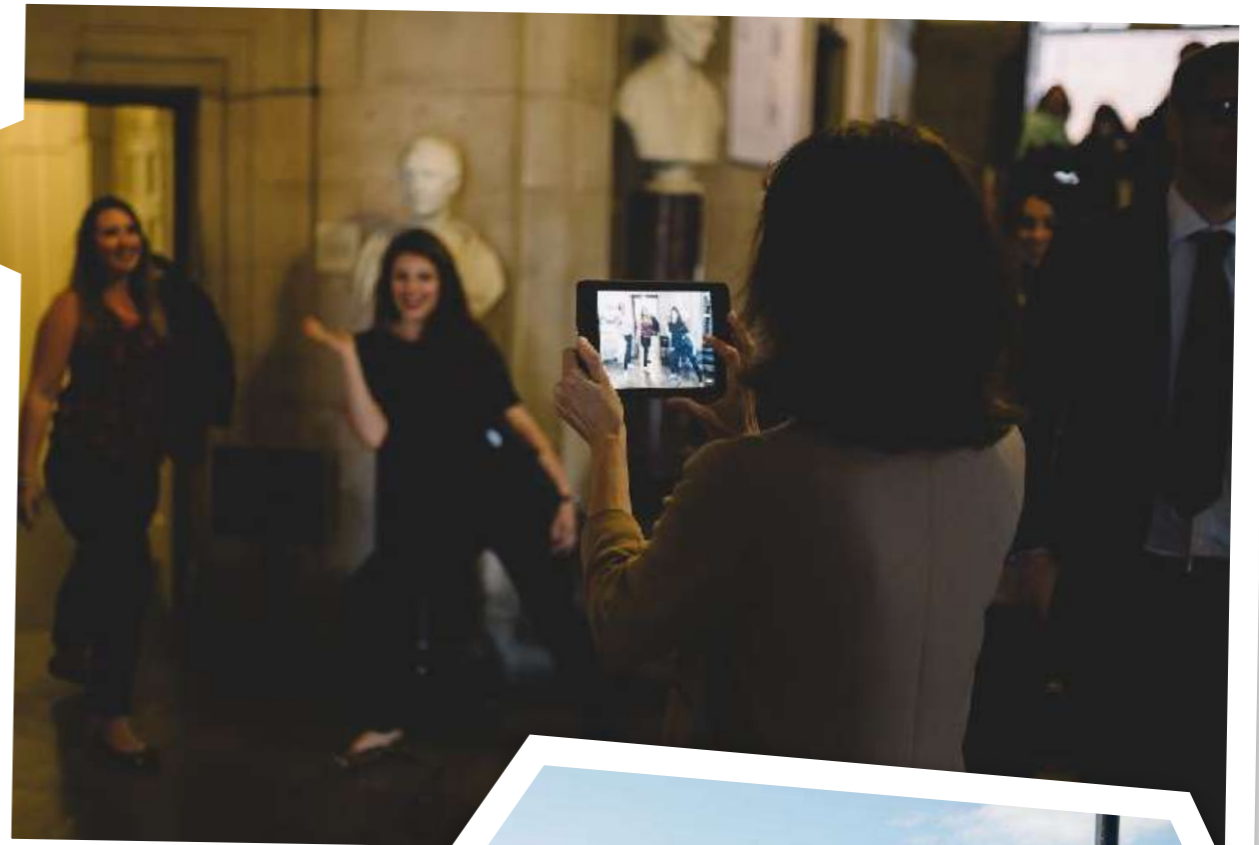
Generic city games: can be played in every city and even in several cities at the same time with the

Multi City concept: here the teams play the same game in different cities or locations and may need to work together to succeed in the tasks.

Thematic city games: respond to the specific characteristics of a particular city.

Possibilities in terms of supervision:

- Physical supervision on the spot with briefing and technical assistance on the day itself
- Supervision, briefing and technical assistance from a distance on the day itself
- Briefing in advance and remote technical assistance on the day itself



CRACK THE CODE (RAIN PROOF)

You'll embark on a **treasure hunt** on this teambuilding and collect as many clues as possible in order to crack the code.

Armed with one of our Samsung **tablets** you'll be searching for different hotspots where you'll be challenged with all kind of tasks: questions and trivia, funny photo & video challenges or brainteasing riddles.

Slowly but surely you'll collect all the information needed in order to crack the code.

Rain proof : this activity can be switched from an outdoor to an indoor activity at a single click of a button.



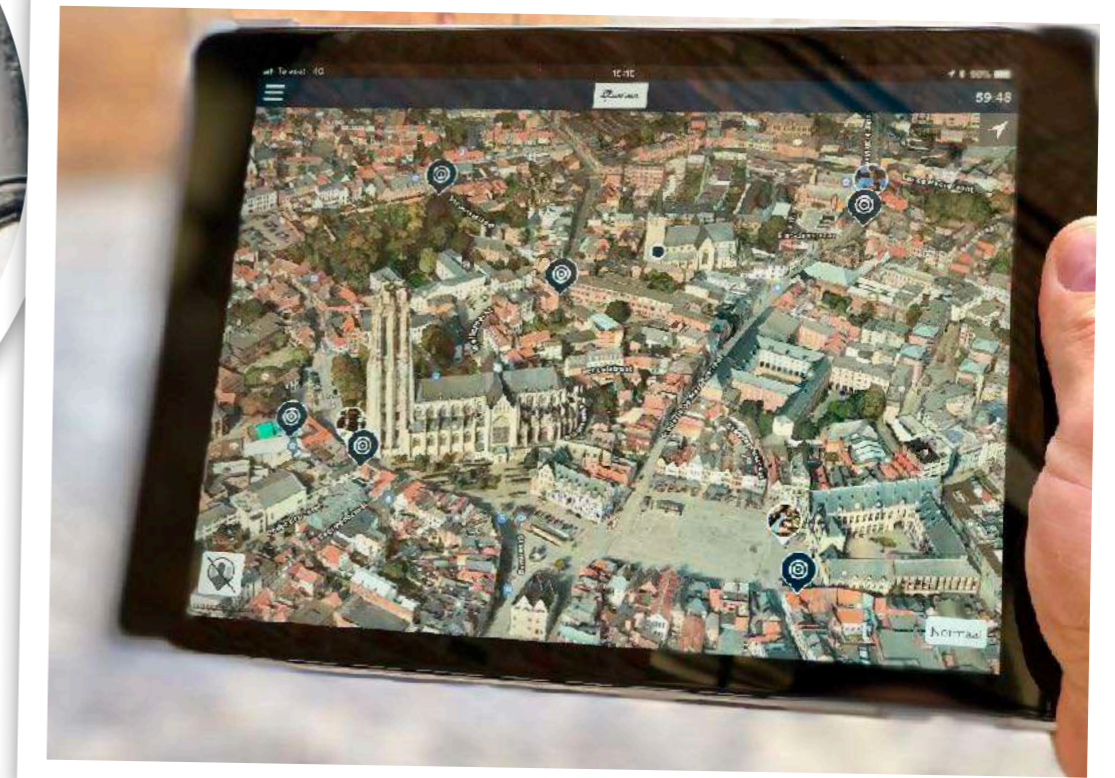


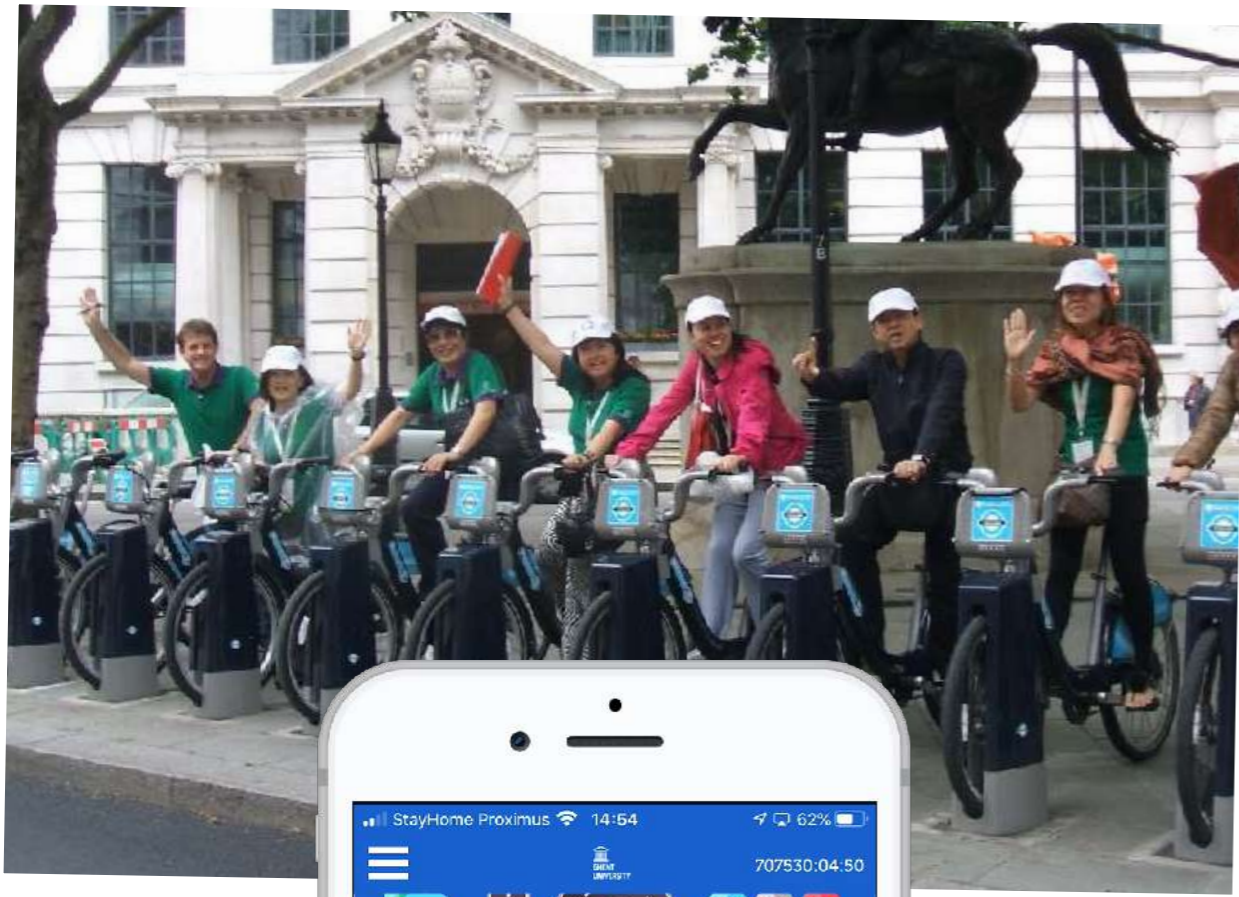
CITY EXPLORER

With the city as your playground you'll be going on a unique and interactive teambuilding where you'll get to know the city and your team in a whole new and fun way.

Armed with one of our Samsung tablets you'll be searching for different hotspots where you'll be challenged with questions and trivia about the city, funny photo & video challenges or brainteasing riddles.

Get ready for City Explorer, a game in which you will have great fun, no doubt!





STREET OLYMPICS

Our Olympic themed event encourages teams to pick up the pace, channel their inner athlete and work together to take on a series of challenges and tasks all with an Olympic twist. No need to don your gym kit... All that's required is a desire to win and have fun.

Combining sports trivia and creative challenges teams are required to engage their grey matter as well as athletic prowess in order to succeed. Win or lose – gold, silver or bronze – it will be the most sporting fun you can have without having to book a flight to Tokyo!

City streets, parks and venues are all brimming with potential for fun challenges and tasks that will see you and your team re-enacting great sporting moments, answering sporting questions, completing against the clock challenges and participating in photo and video challenges.

SPY SCHOOL

Tasked with a number of challenges, teams will need to channel their inner spy to succeed and reign supreme.

Each team armed with a personal device (smartphone or tablet) will take to the streets of **your chosen location** to complete a range of spy inspired tasks, challenges and questions. An eye for detail, a magnificent memory and a competitive streak is what's required of you and your fellow spies for this fun, competitive team event.

You'll need to keep tabs on opposing teams during the event and work against the clock to complete a range of missions!

Using the interactive map and a live scoreboard teams will need to quickly navigate via GPS to exactly the right location to activate tasks, questions and challenges, which include photo and video tasks designed to get team members interacting, working together and using their creativity.

This game is possible indoors and outdoors.





THEME CITY GAMES

Thematic city games: respond to the specific characteristics of a particular city.

We can optionally end the day with a dinner.

EXAMPLES:

- The Lam Gods Mystery in Gent,
- Antwerp à l'Anvers, a game about diversity in the city,
- a medieval game in Bruges,
- the Last Post in Ypres,
- Metrogame in Brussels, the Marollen and the Zavel
- Thousands of Dutch gins and speculoos biscuits in Hasselt
- 'Leuven: more than the place to be(er)!' in Leuven



CITY GAME AROUND DIVERSITY

Your vodka is Russian. Your pizza is Italian. Your kebab is Turkish. Your coffee is Brazilian. Your electronics are Chinese. Your numbers Arabic. But your neighbours are 'just immigrants'?

This city game is built around **the diversity of the different districts** in the station area. Each team gets a tablet from us and follows in the footsteps of the Moroccan and Portuguese guest workers in the 1960s, the Jewish war migrants in the diamond district and we put you on the path of Chinese migration in China Town, right next to the popular Seefhoek. All this within a stone's throw of each other, around the magnificent Central Station. In short, Antwerp or Brussels viewed differently.... During this city rally, the city comes to life. The team meets special people in admirable places. Plot twist: nothing is what it seems and everything will turn out differently than planned. Several actors hide within the city making several encounters look a conspiracy. This team building offers a different view of the city as a multicultural society and is available in **Brussels and Antwerp**.

The team that scores best on the various search assignments and completes the photo and video assignments will go home with the diversity trophy!

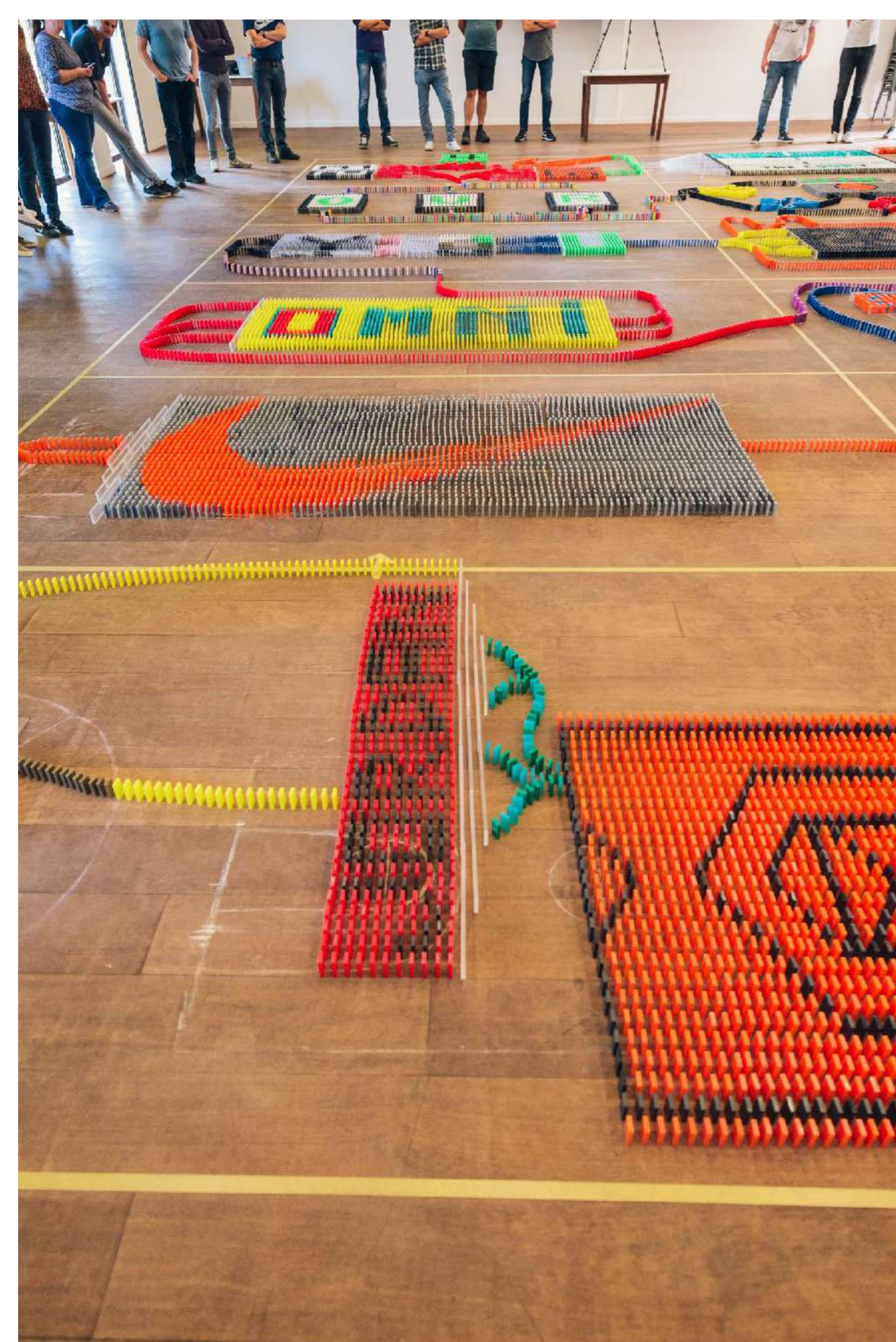
This activity can be perfectly combined with the 'Beyond Limits & Differences' activity.





BUILDING TOGETHER

- BAMBOO BUILDING
- DOMINO EXPERIENCE
- SAND SCULPTURES
- WIND FARM





BAMBOO BUILDING

Do you feel like getting down to business? Can you hear the intensive debates? Do you want to brainstorm and find creative solutions? Then the bamboo workshop will be to your liking!

To build something together is a very powerful tool when creating teams. With very simple materials (bamboo sticks, rubber bands, coloured canvases, led lights, rain-pipes, flexible tubes, cardboard ...) your team makes for example a fantastic giant marble coaster, a triumphal arch, your own castle or something regarding a current matter in the company.

You can build these things in the company, on location or outdoors. We would like to help you to build something on a interesting subject in a creative way.

Collaboration, leadership, creativity, inventiveness, timing and deadlines are just a few key concepts in this extremely dynamic team building. Additional difficulties are present in this multi-task concept, like modules who are built separately and later integrated.

There are even special effects to give a certain dynamics to the construction.

This giant mission can be just for fun but can also be a interesting and dynamic measure to focus on group activities under the guidance of a professional coordinator and focus on experiential learning.



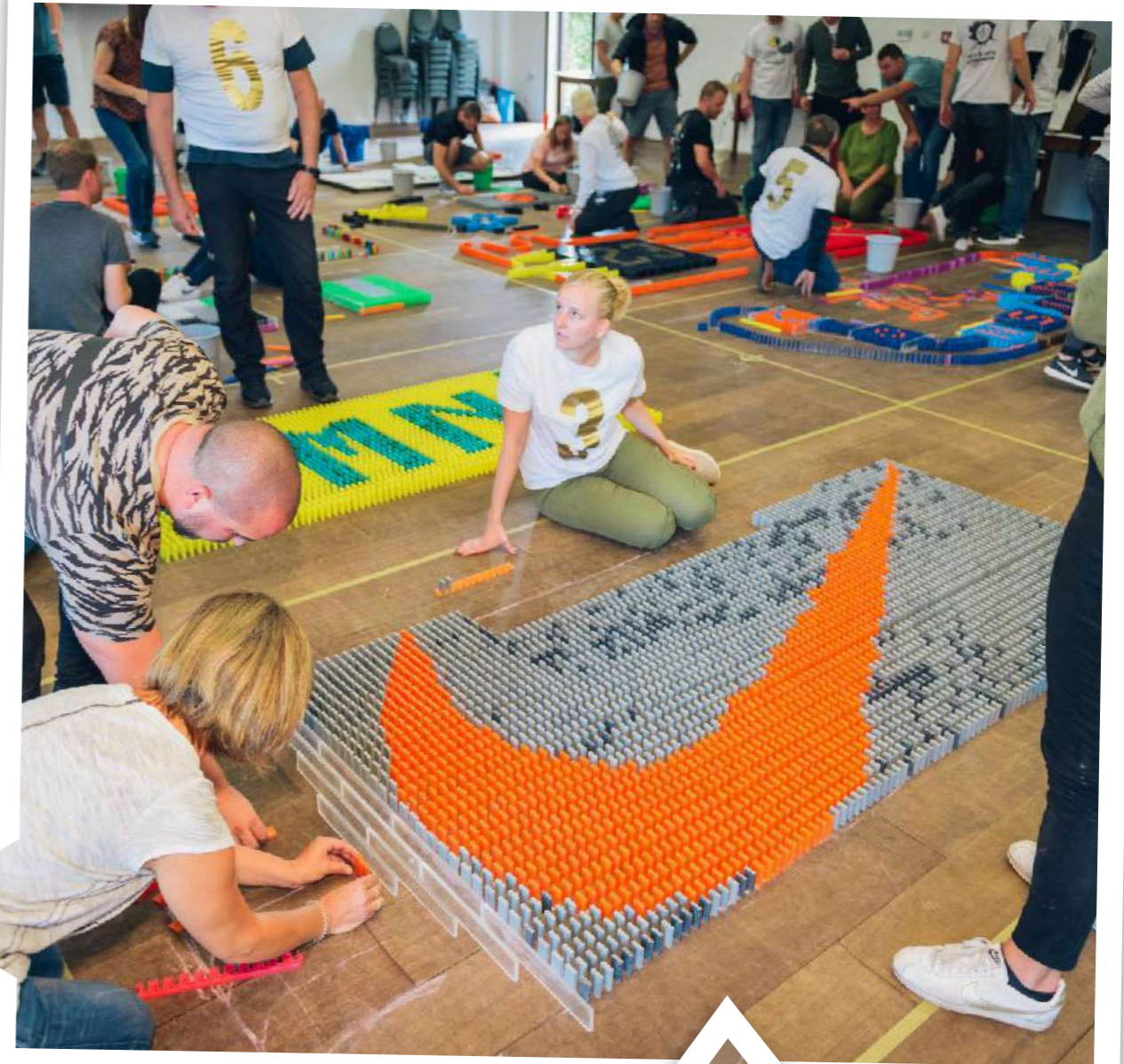
DOMINO EXPERIENCE

Building with domino stones requires the creativity, communication competences, concentration and collaboration of the participants and embodies perfectly the risks, pressure and stress when working in large groups and/or projects.

The workshop also perfectly stimulates the **learning process** focused on experience. Moreover it's just fun and exciting. To build stone by stone, to reach a common goal needs the effort of everyone to make this succeed. Just one wrongly placed stone can mean the end of the project.

The participants are divided into **teams**. Each team designs an **own project**, builds a part of the final project and makes sure that it's safely connected to the other and final project. Inside the teams it's necessary to **delegate** the different tasks: leader, designer, constructor, safety coordinator, integrator, .. The participants should design something which is related to the theme of the day and they need to take into account: time, space and the number of domino stones.

Each team is also assigned to have one **special effect** in their project. The teams can get some inspiration on the Internet. The more complex their design is, the more time they need to test, to finetune and to make sure everyone completes his or her tasks. When all the projects are completed they are **connected** to each other. One person has the honour to start the domino finale, which of course will be **filmed**: once the first stone falls down, then the entire domino train has to fall down without any interference. A deafening applause arouses to celebrate that (almost) all the stones fell down!



SAND SCULPTURES

Who didn't build sandcastles as a child? With no worries you used to build even the most beautiful sand sculptures on the beach. Castles and all sorts of sculptures emerged from the sand.

This is the basic idea and where the strength lies in our workshop 'building sculptures in the sand'. We challenge you and your colleagues to have fun in the sand again.

With our special sculpture sand, your teamwork and creativity you start, just like before, to shape an impossible looking challenge.

At various locations, with different objectives, for small or (very) large groups we let people experience how fun and special it is to build a sand sculpture. At the end the day, each team will have given a three-dimensional shape to the topic.

Beautiful sand sculptures will tell each their own story. Each participant will have checked out of the daily grind and discovered in an innovative way their unexpected talents and creativity.

An approach that leaves a lasting impression!





WIND FARM

You will literally 'get the wind in your sails' with this creative teambuilding. Dive into the skills of the group to form effective teams that together design a **'wind-powered lifting device'**.

The idea of this activity is to **design, build and finance a wind-powered machine that is capable of providing energy**. A super fun event with 'sustainability' as its core idea.

Use the collective ingenuity of your teams to gather funds and this under time pressure. Use the profit made to buy materials to build the ultimate machine!

This exciting competitive team challenge focuses on the full range of your team's resources as they tackle a wide range of problems and tasks together, challenging them to work together and unlock their full potential.

Key skills:

- Problem-solving thinking;
- High energy;
- Strategic thinking;
- Negotiation skills



SOCIAL AWARENESS

Teambuildings with a lasting impact.

- THE GARBAGE SOUND FACTORY
- DIVERSITY & INCLUSION
- WIND FARM (SEE 'BUILDING TOGETHER')
- NATURE CLEAN-UP
 - PLOGGING
 - PLANKLING
 - RIVER CLEAN-UP
- CLEAN-UP CLASH
- BUILD A BIKE FOR AFRICA
- SOLAR BUDDY (NEW!)



THE GARBAGE SOUND FACTORY

Ecology and Sustainability are more than just buzzwords!

Under the guidance of our musical specialists you get organised to compose a temporary orchestra.

First you make all instruments with recyclable waste and then you also learn how to play them. Musical experience is not required. You just need to bring some recyclable waste from home/work, some tools and your creativity.

A fantastical music experience!

We end with a performance by The Garbage Sound Factory Orchestra. Of course we will record this fantastic show!

PS : materials needed: bottles, wooden boxes, cans, clothesline, tubes..





DIVERSITY & INCLUSION

Beyond limits **Beyond Limits and Differences** or learning to deal with limitations and differences.

Our goal? In an era where diversity is a fact and inclusion a choice, we would like to emphasize the importance of active inclusion.

We present the participants a number of team assignments that allow them to experience first-hand what **living with limitations or differences** means. So here we go much further than just the physical and mental limitations of an individual, but also respond to **possible cultural and linguistic differences**. In doing so, we try to create a kind of awareness in each participant in order to finally bring about a change in their behavior and outlook with regard to these limitations. We want to bring the participants to **understand** that being 'different' can also mean **added value**.

During the assignments, the participants are completely **dependent** on each other. They will not succeed in their assignment without working together. The assignments provide the opportunity for experiential learning and each also contains a certain **fun factor**.

Some examples: building a means of transport to take people with a physical disability on the road, braille assignment, cultural rally: play the same game but according to the rules of different cultures, ...

A teambuilding around diversity and inclusion is **highly recommended** because it: increases awareness and understanding; strengthens team dynamics and collaboration; stimulates innovation and creativity; promotes an inclusive work environment; Improves customer focus.

In short this team building contributes to a stronger, more inclusive and successful team in a diverse world. Fancy a (half) day of Beyond Limits and Differences? Contact us!



NATURE CLEAN-UP

Improve your health and make the environment cleaner in team? The teambuildings below focus on a healthy and clean future, where everyone can contribute and improve his / her physique!

Plogging also known as "**eco-jogging.**" Moving together is inspiring, especially when it also comes to the benefit of public spaces. It's very simple. All you need is a strong garbage bag, gloves and a pair of sturdy running shoes! The goal of the activity is to **combine a fun jog** with **picking up trash**. Combined with a fun atmosphere and good running music, this is an ideal team moment. And who knows: maybe your actions inspire other residents as well? This action is perfect to combine with our team building 'Team Trail'.

Plalking For nature lovers, social hikers and ardent walkers, the plalking action can be the perfect team moment! This is the ideal combination between **a nice walk and litter picking**. Hiking is a fun activity to do in a group. It strengthens the social contact and you can give nature a helping hand. We are happy to create a route with you that you and your team will be grateful for! This activity can be combined with other activities such as Forest Explorer and City Explorer.

River Clean-Up Would you and your team like to prevent trash from reaching the oceans? Then go on **a kayaking trip** with your team and find out how you can work together as a team to contribute to healthy rivers. A motivated group on the water can make a difference! Explore one of Belgium's rivers with your team while having a relaxing and valuable outing.

Feel like an inspiring walking, hiking or kayaking session?

Contact us and we will map out a beautiful plogging, plalking or river clean up route for you! Of course we provide all the necessary materials



CLEAN-UP CLASH



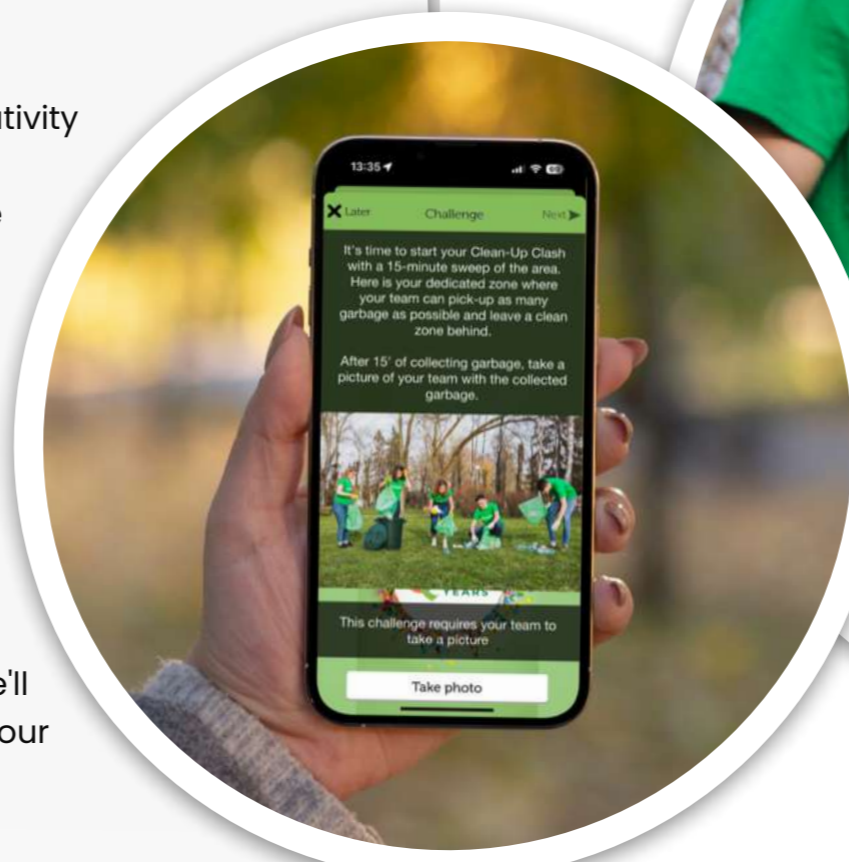
Join us for an exhilarating team building experience that combines **environmental stewardship, sustainability, and interactive fun!** Our unique activity is designed to not only bring your team together but also make a positive impact on the world around us.

During this exciting **two-hour adventure**, your team will embark on a mission to **clean up and restore** the beauty of our surroundings. But wait, there's more! This is no ordinary clean-up. We've infused the activity with elements of sustainability, quiz questions, and creative challenges to keep everyone engaged and entertained.

As you work together to tackle the clean-up tasks, you'll also be immersed in an **interactive game** centered around sustainability. Get ready to test your knowledge and problem-solving skills with a series of thought-provoking quiz questions that will inspire conversations about environmental responsibility and conservation.

But that's not all. We've added an extra dash of creativity to the mix. Throughout the activity, you and your teammates will have the opportunity to capture the essence of the experience through **captivating photo and video challenges**. Whether it's showcasing the most innovative recycling idea or capturing the natural beauty of the surroundings, these creative tasks will encourage collaboration, laughter, and unforgettable memories.

By the end of the day, you'll not only have strengthened your team's bond but also made a tangible difference in the environment. Together, we'll leave a **lasting impact and inspire others** to follow our sustainable footsteps.





BUILD A BIKE FOR AFRICA

Do you fancy a powerful team building in a unique setting? Then build a bicycle for Africa with your team!

The team starts with a raw frame and ends with an outstanding bicycle!

Throughout the team building, the **necessary bicycle parts** are brought in. These parts must be sold and negotiated through thoughtful tactics. Afterwards, the team will take care of the consistency of the nuts, bolts and bike parts. At the same time, part of the team will work on getting the **coolest accessories** which will complete the bike! Will the teams manage to put together an entire bike in time?

At the end of the team building, all bicycles will be tested. Can your team move effortlessly with this bike? Then we have a winner!

For each bicycle built, we ship a bicycle to Africa. Will your team help build this charity?



SOLAR BUDDY

A team-building initiative with **social impact!**

'SolarBuddy' is an organization dedicated to bringing light to children in difficult home situations. Would you like to raise awareness as a company during a special CSR-oriented team-building? Get to know Solarbuddy as a team, the hour of power!

By opting for a **1-hour activity** like SolarBuddy, you can change and positively impact the life of a 10-year-old child by gifting them a SolarBuddy. This enables them to read, learn, study, dine with their parents, move about safely outdoors, and continue to develop themselves when it's dark.

This team-building consists of three parts. In the first part, "**Learn**," we will inform the participants about what 'energy poverty' exactly is and why we want to help combat it.

In the second part, "**Make**," they can assemble a Solar Buddy lamp themselves – one that operates on solar energy. These lamps, which capture sunlight during the day, help children read and study longer in the evenings. This allows them to do homework in the evenings, increasing their educational opportunities. After assembling, participants can write a personal message for the recipient.

Finally, there is the third part, '**Illuminate**,' where the lights are delivered to children in developing countries.

Your team not only contributes financially to the SolarBuddy lamps but also actively participate in their creation and distribution. This enables you to create a lasting impact while strengthening teamwork within your organization.







ON THE MOVE

- 2CV RALLY
- RALLY BY BIKE, TANDEM, E-BIKE, E-STEP, VESPA OR GO-CART



2CV RALLY

Each team has a 2CV and a tip top road book with which you can discover a region to your liking. Along the way, some practical tests await you under professional guidance that must be brought to a successful conclusion. Optionally, we are happy to look out for some stops for a snack and a drink. Give us your preferences in terms of timings, catering, region, stops ... and we are happy to work out a tailor-made proposal.

Routes in the spotlight

Ghent and the Lys region

We cross the Leie region around Ghent with the 2CV. We get acquainted with picturesque Sint-Martens-Latem: the cradle of Flemish Expressionism. On the way, you will have time to enjoy a delicious regional beer or other drink, or visit one of the many museums of which Sint-Martens-Latem is rich, while getting to know the picturesque Deurle and the Afsnee. We end with an optional aperitif on a boat trip around St. Martin's Latem and dinner along the Leie. As an option, we have dinner on board the Leieboot that takes us back to Ghent.

Mining Road

Discover 'the most beautiful Limburg' by 2CV and follow in the footsteps of André Dumont: the discoverer of Limburg coal. With the 2 CVs, you go from the slag heap to the mine tower, passing by the old mine buildings and the mining committees, ... You can taste the multicultural and Mediterranean Limburg, which still gives Limburg a special atmosphere today ... for example by a stop 'Soul Food' in the 'Vennestraat' in Genk.



Oosthoek Rally

We drive the 2CV for a day in the pentagon Knokke-Cadzand-Sluis-Damme-Bruges on picturesque roads through the polders. Culinary options are also available, from shrimps to mussels to lobster, a heavenly waffle in Mother Siska, farm ice cream.

Namur region : Condroz Rally

The city of Namur and the surrounding area offer a beautiful backdrop for a tour on the 2CV. Numerous beautiful villages such as Thon and Crupet's cave are not to be missed! But also the gardens of Annevoie, the strawberries of Wépion and the local beers of the Brasserie du Bocq, Maredsous Abbey and Floreffe Abbey are worth a visit..

Pajottenland

A stone's throw (10 km) west of our capital, between Zenne and Dender, you will find an oasis of space, greenery and silence: the Pajottenland. A lovely region for a day trip. You will discover the 'real noise' of nature.

But there's more! In the Pajottenland you also breathe in the atmosphere of Bruegel and Witse. You will be able to admire the most beautiful spots such as the Castle of Gaasbeek, the river Pede and of course the Brabant draught horses..

The Great War

After a short briefing you leave for a trip through the Flemish warfields. You can choose from 3 signposted routes with accompanying booklet: FRONTLEVEN 70km - YPRES SALIENT 70km - IJZERFRONT 86km. There is plenty of time to visit the sights and have something to eat or drink. At 8:00 p.m. For example, you can experience the "Last Post" under the Menin Gate at Ypres..



Polder Route

This 2cv route takes you through the vast polder landscape behind Nieuwpoort and Ostend. You traverse the polders along narrow roads, meander through the landscape along the IJzer and pass picturesque farms in spacious polder villages such as Slijpe and Snaaskerke and cities such as Gistel and Diksmuide..

In Napoleon's footsteps

We drive around in Walloon Brabant in the region south of Brussels around Waterloo where Napoleon was defeated in 1815. And in the immediate vicinity are picturesque places such as the castle of La Hulpe, the foundation Folon, the lake of Genval, the beautiful Lasne ... A beautiful region to cross with the 2CV.

The blossoms' route

A rural route along the enchantingly beautiful landscape of Haspengouw, known for its Belgian fruit cultivation. This blossom route brings you a mix of nature and culture of the highest quality! In April and early May the blossoms along this beautiful fruit route turn white or pink: white for cherry, plum and pear trees, pink for apple trees. And with that they immediately brighten up the sloping landscape!

OTHER POSSIBLE ROUTES

Amstel Gold Race, Antwerp Kempen, Coast 2 Coast, Damiaanroute, De Lichtjes van de Schelde, Denderende Steden, Elfstedentocht to Friesland, EU region Maastricht & Omgeving, Hopperoute Affligem, Hopperoute Poperinge, Horstroute, Les Lacs de l'eau d'heure, Lille, Limburgse Kempen, Liege-Bastogne-Liege, Maneblussersroute, Meetjesland, To the Velodrome of Paris-Roubaix, Ros Carillon Route, Route Des Collines, Route des Sources, Stille Waters, Drowned Land Van Saeftinghe, Vlaanderens Mooiste, Watermolenroute, Zeeland,.....

RALLY BY BIKE, TANDEM, E-BIKE, E-STEP, VESPA OR GO-CART

In small groups of 6 to 8 people we drive through a specific region with a road book.

Teamwork is of key importance to reach your destination. On the road you will encounter all kinds of traps, physical games and brainteasers.

When you reach your final destination you will receive a well-deserved reward, but will you succeed?

Examples of routes:

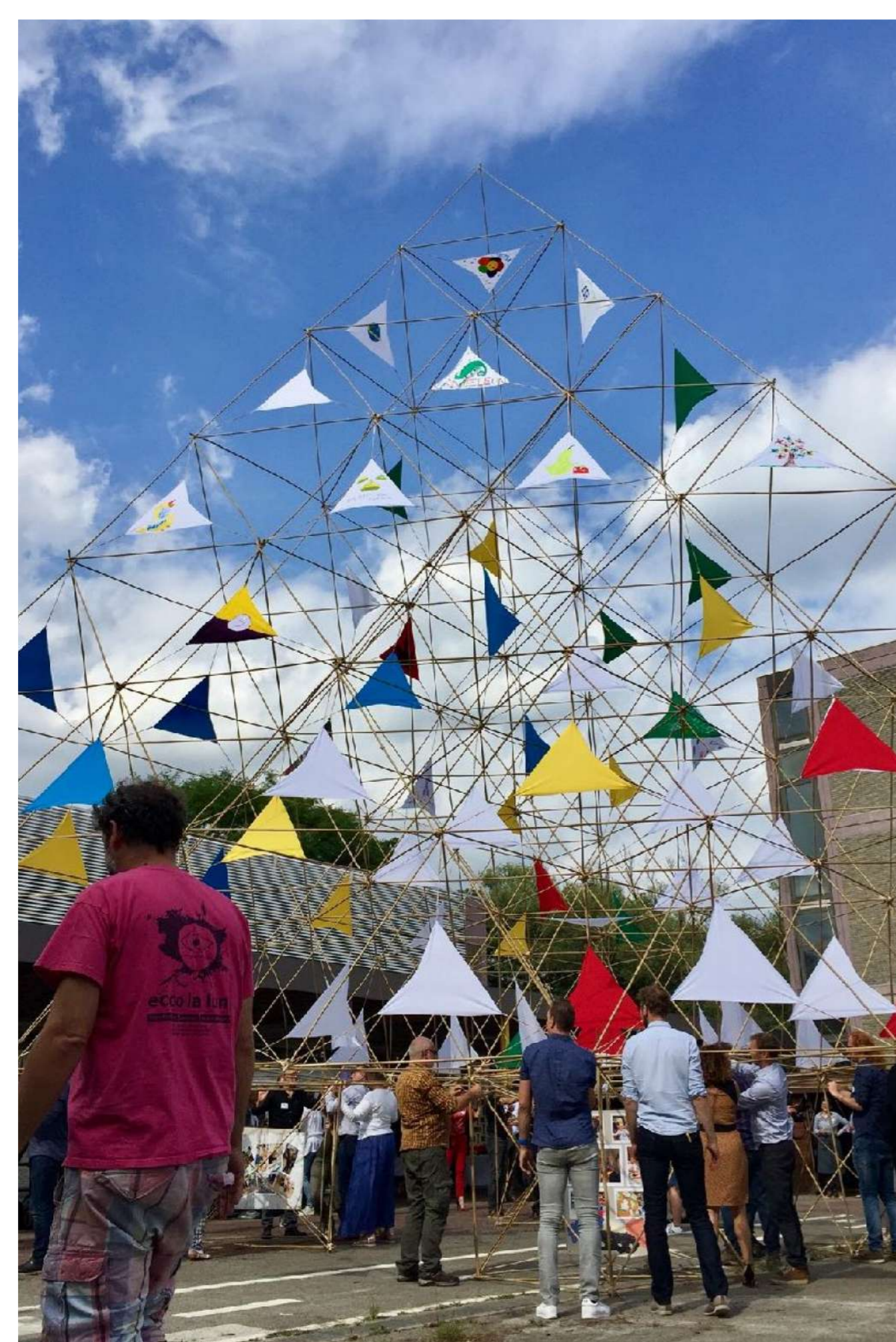
- Brugse Ommeland
- Hazel Route Hasselt
- Meetjesland

We can upgrade this concept according to your wishes with retro bikes, kick bikes, mountain bikes, biking tours ...



INSPIRED BY ART

- BAMBOO BUILDING
- SCULPTING IN MARLSTONE
- GRAFFITI
- SCULPTING IN ICE





BAMBOO BUILDING

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SCULPTING IN MARLSTONE

Discover the creative talent in each of your team members or even in your team as a whole.

Creating something with your hands from nothing is a process full of fulfillment and wonder.

Marlstone is the most fantastic material to get acquainted with sculpting in an accessible way, because it is so easy to work with.

Under expert guidance and with a suitcase full of rasps, chisels, saws, ... We set to work to achieve a common result: think of a chessboard, stone men, tea-light holders,... You name it, it's possible.

Time and again, these workshops produce the most surprising results, which can then be taken back as a permanent memory and as a functional item.

Translated with www.DeepL.com/Translator (free version)





GRAFFITI

Graffiti has always existed: writing and drawing on walls is in fact one of mankind's oldest activities.

Modern graffiti however only became popular in the beginning of the 70s. Graffiti was sprayed on trains, walls and in metros. Nowadays you can see them everywhere. Not only in cities or in places which graffiti are not allowed, but also in museums, in advertising and in fashion.

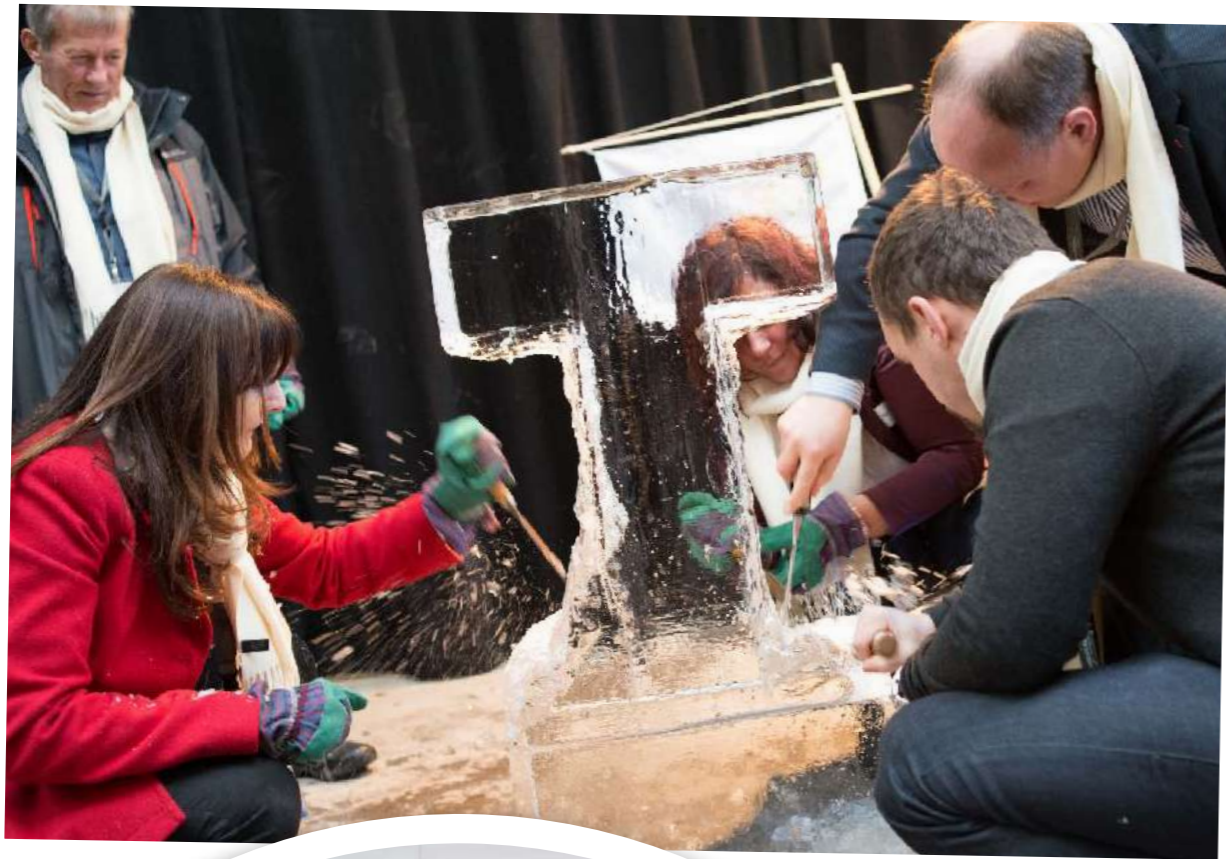
This workshop is original, creative and absolutely modern! These workshops are a source of inspiration for the participants.

Collaboration is very important in this workshop: we work together or per team to achieve one and the same result. After practicing individually the basic techniques we can work together to find a theme, logo, catchphrase or slogan.

Standard we provide :

- Protection suit per participant
- Mouth mask per participant
- Painting canvas per 2 to 3 participants
- We work on painting canvasses (for maximum comfort during the workshop- spine-health)
- Use of high quality graffiti spray cans





SCULPTING IN ICE

Surprise your employers with an interesting workshop where they can make an ice sculpture under the professional guidance of an ice artist.

Afterwards the participants can take home their piece of art. We bring all the necessary material as chisels, tables and of course ice blocks.



INSPIRED BY MUSIC

- MUSIC, MAESTRO!
- PERCUSSION
- BODY PERCUSSION
- DJEMBE
- JAPANESE DRUMS - TAIKO



MUSIC MAESTRO!

Creating music together is a powerful team-builder and a lot of fun. This type of teambuilding combines the speed of decision-making in team in a practical working format. You will discover qualities that you can use both individually as collectively.

We offer **4 types** of 2,5 to 3 hours teambuilding around 'making music', that is :

1. RECORD YOUR OWN CD

This workshop is completely transportable! To have fun and to boost the team spirit. This unforgettable workshop combines quick creative decisions with a practical way of working. These are abilities that you can use individually and in a team. During the workshop we look at the creative process when making an **own single CD**. Our professional team of producers, audio engineers, singing coaches and photographers assist our guests with these musical puzzles.

2. MAKE YOUR OWN (COMPANY) VIDEO

Need a teaser on a personnel party or do you just want a good story to tell to the world or to future employees? Or are you just looking for a nice team building activity for all the employers?

What would you think of an own version of 'Happy' by Pharrell Williams or rather of 'Get Lucky' by Daft Punk? We involve all the coworkers during a the recording of a **company film** with the creativity of your colleagues and the possibilities of your workspace. We involve your coworkers in writing an own text and after a couple of days your film is ready to be put online and to use on jobsites and during job fares.





3. BEAT BOX

To have a music performance in a short time period with a large group?
This unforgettable teambuilding activity combines cooperation and fun with a swing.

During the creative process we learn the participants how to use their voice and body as an instrument. Our professional team of producers, audio engineers, vocal coaches and filmmakers guide the participants to their "moment of glory".

We will hit the **studio** to **record** the song. We mix and edit everything to make a unique music video so everyone can relive that special moment and share this with colleagues, customers and friends.

4. THE GARBAGE SOUND FACTORY

Ecology and Sustainability are more than just buzzwords! Under the guidance of our musical specialists you get organized to compose a temporary orchestra.

First you make all **instruments** with **recyclable waste** and then you also learn how to play them. Musical experience is not required. You just need to bring some recyclable waste from home/work, some tools and your creativity. A fantastical music experience! We end with a performance by The Garbage Sound Factory Orchestra. Of course we will **record** this fantastic show!

PS : materials needed: bottles, wooden boxes, cans, clothesline, tubes.. **Optionally**, we can provide these for you.





PERCUSSION

Percussion is a physical experience. When you stop thinking and surrender to the music, it all seems so natural!

When you communicate with each other on this level, you immediately experience a sense of closeness and happiness.

By means of the dynamics and fun while making music, other qualities of a team emerge. This intensive activity gives new energy and gets rid of all the tension and stress.

Types of percussion:

- * ordinary percussion
- * Djembé
- * Taiko drums: Japanese drums
- * Body percussion: use your body as your instrument

BODY PERCUSSION

In this African-American dance style you use your own body as a musical instrument.

Dance, clap and stamp and create a powerful and rhythmic dance together with your team.

Have fun and give yourself and the team spirit a boost.



DJEMBE

The Djembé (drum) is one of the most famous handmade percussion instrument with its origins in West Africa.

The djembé is hollowed out of a tree trunk and a goatskin is installed on the instrument with a rope.

Drumming in Africa is a way to communicate with each other in a special way.

With this people can learn to enjoy life without having to talk or write. Similarly you and your team will experience a fun team building session.





JAPANESE DRUMS – TAIKO

Literally 'taiko' means **big drum**.

We use this word also to indicate the drumming itself. Everyone can drum but that's not necessarily the same thing as taiko... Real taiko is a way of being, of life, a spiritual way.

You drum with your body, mind and spirit. It's not only music you hear but you can also see powerful movements and you can feel the deep sounds of taiko in your entire body. It's not clear when exactly taiko was invented but it's a fact that it has been for centuries an important communication tool in Japanese life and culture.

The taiko drum has such a carrying sound that it was said that the it could even reach to village's borders. So it's no surprise that the taiko has such an important role in society, as an instrument and as a communication tool.

It was used to gather the villagers, to warn them for oncoming danger. Samurai took the taiko to the battles and messages were translated into a musical pattern and sent everywhere. Farmers used it to wake the rain god or to chase away evil spirits. In villages near the sea the taiko was used to let the fishermen find their way back home.

Also during festivities people danced on the music of the taiko. Today in Japan the Taiko is only used during religious ceremonies to honour the ancestors, during village festivities , in the classical theatre..

CULINARY

- COOKING TEAMBUILDING
- COCKTAIL MYSTERY WORKSHOP
- SMOOTHIES WORKSHOP
- CHOCOLATE WORKSHOP



COOKING TEAMBUILDING

To be together around pots and pans is beneficial for the team spirit. It's surprising to see an uptight office worker to turn in a confident master chef like Piet Huysentruyt.

After all, **communication** and **organization** are the key words to prepare a delicious dinner, which is your main goal and the reward of your hard work. Moreover you should clearly agree on the role division and trust each other.

In this three hour workshop you prepare an extensive menu consisting of appetizers, starter, main course and dessert. Only fresh ingredients are used and you can compose your own menu à la carte.

As a reward for your combined efforts, we all sit together and eat the prepared dishes and give some explanation. It goes without saying that we provide a great wine for every meal.. which will facilitate the communication!

Other possible themes: smoothies, sushi, Mediterranean, insects, campfire cooking, djars ...



COCKTAIL MYSTERY WORKSHOP

The group is divided into 8 smaller groups. Each group gets a table where they can work at later, including a table flip-chart and markers.

We start the workshop by giving the **theory** on different strong spirits, liquors, on the importance of ice, the function of ice, the different techniques to make a cocktail, the importance of a good balance, the combination of flavours, on how to appeal to the senses, ... This explanation will take approximately 30 minutes, during which the bartender will also make some cocktails. The guests can taste a **miniature version** of the cocktail made by the bartender, so they can experience the tastes and textures themselves. After the explanation and demonstration, the guests can get down to business.

The groups can help themselves at **several buffets** in the room. The first buffet has different types of glasses, cups and containers. The second buffet has different types of drinks, liquors, juices, syrups, ... The guests can find anything, from vodka to cava and from lime juice to violet syrup. Finally, the third buffet will be filled with fresh ingredients. Fresh fruits, herbs and vegetables will be at the groups' disposal.

However, certain items are intended for each specific group. On each table there is a 'mystery box'. This box contains some 'special' ingredients, for each specific group. Chocolate, chili pepper, cocoa powder, tomato, coriander, thyme, ginger, ... These ingredients are more risky to use in a cocktail, but will help you to earn points with the jury if used correctly!

We conclude by presenting 1 cocktail to the people's jury, they will need to evaluate the cocktails on taste, balance, presentation, colour, ... The points of the people's jury and the bartender will be added up.



SMOOTHIES WORKSHOP

Do you have a passion for shaking and mixing? The problem is that with all the liquor you will have a severe hangover..

No worries, the new Smoothie Workshop will make sure that you can shake and mix as much as you like, but then in a healthy way!

Ready for **90 minutes** of healthy fun? Let's mix it!

In groups of 5 people you join one of the happy tables where the blender, apron and ingredients are waiting for you. In this workshop you will learn how to make three nice and healthy smoothies. Welcome in the wonderful world of fruits and smoothies!



CHOCOLATE WORKSHOP

During the chocolate workshop we make in an interactive way delicious truffles, pralines and chocolate delicacies.

We will make plenty of them so everyone can take home a box of chocolates afterwards. That way, you can surprise the people at home with handmade pralines and truffles, ..

Possible theme: Brussels Atomium in chocolate ...





EVENTS

As an event agency, we are happy to organize the total picture of your event (location, catering, decoration, animation ...).

From seminars (both daily and multi-day seminars) and incentives to family days, staff parties, theme parties, product launches, team building, networking events to customer parties, we listen to your needs and develop a tailor-made event, both at home and abroad.

Below are some possible building blocks serving as inspiration for your event.

Caviar tasting, Balloon folding, Ballooning, Funny Bikes, Circus techniques (eg juggling), Zumba, Fire Act, DJ Workshop, Inline skating, Making hats, Making wind kites, Inflatables, Cigar Rolling, Juice trap, Eating insects, Crazy Bicycles, Cycling Pimp, Glassblowing , Light Painting Experience, Capoeira, Didgeridoo ...

Ask Us Anything!

www.eccolaluna.be/events

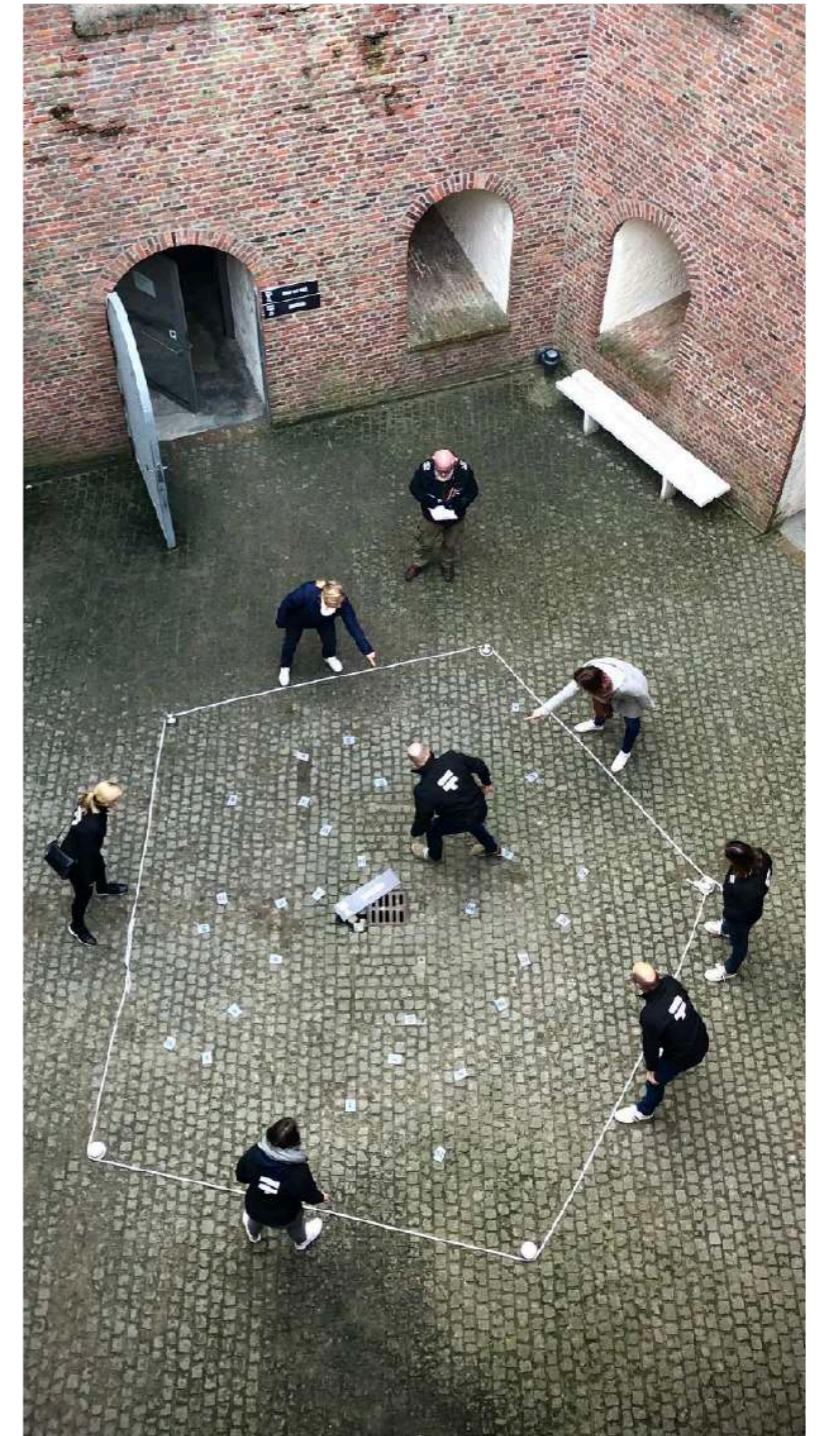
LEARNING & DEVELOPMENT, COACHING

We all know that the quality of a team is not simply the sum of each individual's talents. A real team functions on the basis of trust, supports each other through thick and thin, knows each other's strengths and weaknesses, pitfalls and sensitivities, has a vision and a mission, meets with an open mind and is open to change. We are convinced that this change can be anchored better and more sustainably under the guidance of a coach.

Through our learning modules, we as a coach want to set out together with an individual, team or organization that needs a change, pursues a goal, identifies a need or can use support during difficult times. The starting point here is to do activities that are best suited to that intended goal, the desired change or that need. With this we wish to have a lasting impact on the individual, team or organization in question..

Hereafter some examples :

- TEAM DYNAMICS
- REBOOST YOUR TEAM
- WORKING WITH SHEEP
- NATURE COACHING
- NATURING TEAMS





LEARNING APPROACH

With our approach we mainly try to work preventively/proactively in order to make a team resilient and healthy. When a team has sufficient resilience, problems such as absenteeism and staff turnover decrease, which otherwise often means a great cost for an organization. Each team is eligible. Also in good teams there are always components that you can mark to strengthen the resilience in all contexts.

We hereby request a mandate from the entire group and provide a safe framework during this process. What is said during the activity remains between us. We do not write a report, the reflection and drawing of conclusions is done together in a group. The focus is on experiencing a power of change through the different activities. We discuss pitfalls, strengths and weaknesses, we do not avoid sensitivities, we make agreements and plan actions to change the workplace.

It is important that people always opt for realistic objectives during a learning process. It is not the intention to suddenly set the bar so high that people shut down or end up in their stress zone. We look for the terrain that can be moved and so try to stimulate people just outside their comfort zone in the so-called learning zone, however always within a safe context. This stimulus can be physical, mental, collective and emotional and is just big enough to learn something from it. The goal is to indicate a few angles that have emerged at the end of the trajectory, making it easier to change a current behavior into a desired behavior.

www.eccolaluna.be/learning

TEAM DYNAMICS

We put the team to work on the basis of a number of **active working methods**. After the action, we and the team will look back at how it went. What dynamics have surfaced? What do we recognize? What impact does this dynamic have on cooperation? On individual team members? What made me get a lot of energy through it and what made me drop out due to energy loss? How can we do it differently? As a team and as a team member? What does this mean for our daily cooperation?

Very diverse themes can be addressed due to the wide variety of challenges. Themes such as communication, what place may and can I take in this team, is everyone heard or just the loud ones, how do we deal with time pressure, how do we respond to sudden changes, who takes the lead, do we wait for the boss to do something or we take responsibility and ownership, what with open feedback, how safe do I feel to share things sincerely with the team ...





WORKING WITH SHEEP

A flock of sheep and their shepherd are often a beautiful metaphor of how a team functions.

Walk after sheep and they run away. Sometimes as the boss of your team you also have the feeling that you do not reach your employees, that they run away from the tasks you want them to perform. However, a correct approach can ensure that you get the sheep (or your employees) where you want them.

Discover which type of functional leadership (leadership?) suits your team best by sheep herding. Am I better a dominant shepherd? A connector? A watchman? A predator?

And how do I deal with the black sheep in my team?



NATURING TEAMS

Building resilient teams in nature.

Do you also want to work at **full potential** on the company goals together with your employees? Would you like to experience your company as a place where everyone works towards the same goal and feels good about themselves? Are satisfied customers important to you? Do you want **a committed and agile team** with which you can respond quickly to challenges?

We see all of this as an ongoing vibrant project with sometimes tough challenges. Especially given the dynamic nature of a company and the (new Corona) context in which it moves.

Sometimes you may feel that:

- ◆ your team is in danger of falling apart like loose sand;
- ◆ you lose grip on which direction the team is going;
- ◆ your team lacks cohesion and connection;
- ◆ the motivation of your team does not correspond to what you consider possible, the punch seems to be gone;
- ◆ the potential of the employees of your team seems underutilized.

Approach

With “Naturing Teams” we offer **a 5 day program** to support these challenges. It is a **coaching trajectory for groups** in which we wish to nurture employees, company goals and the dynamics within the company in a healthy way.



RE-BOOST YOUR TEAM

The past pandemic has also thoroughly shaken up the labor market.

The current striking transition to a regime with the permanent possibility of **teleworking** brings with it both advantages and disadvantages.

On the one hand, as a teleworker you have more flexibility and autonomy in determining your working day. On the other hand, the **reduced social contact** with colleagues means that you no longer sufficiently nourish this important behavioral aspect.

In addition, we also notice a **need** for companies that wish to properly **guide the return** of their employees to the physical workplace after long periods of telework.

How do we stimulate that **collegial interaction** from the past and boost a **connecting communication**? How do we integrate new employees who have never seen their colleagues in real life? How do we ensure that we become a well-oiled machine in the workplace again?

Ecco La Luna offers programs that focus on **collaborative collaboration and communication**.

Through a number of **practical and fun challenges**, we let you experience what the state is of smooth collaboration and connecting communication within your company.



After each challenge, we **reflect** together on what came up during the assignment and let you give each other feedback (both positive and negative).

The aim is to stimulate a **renewed mutual appreciation** and a better connection.

We then take these **learning outcomes** with us to the next challenge that we present to you. Finally, we invite you as a team to name what you can learn from this and **apply it in the workplace**. During this process, we always offer a safe framework in which people listen to each other without passing judgment.

We start this program with a no-obligation **intake interview** in which we discuss duration, content, budget and themes. We provide 1 coach per group of about 15 people.

The duration of a session varies from half a day to a full day, depending on the need.

Some clients for whom we recently organized such coaching sessions: Atlas Copco, Cegeka, Aluvision, Central Point, Brico & Mediq.

Other themes such as leadership, customer focus, dealing with diversity ... are also part of our offer.



NATURE COACHING

Nature coaching is coaching in nature where not only the coach, but also **nature guides and supports** you and your team.

The nature brings you into contact with your true self and inner wisdom. You enter an intuitive flow. By interacting with nature you discover answers to your questions and solutions to your problems. The powerful images of nature anchor these experiences deeply in your body. You automatically take them into your daily life and work and realize the desired changes step by step. This way you and your team achieve natural growth and flower in a co-creation with nature, where you learn to use the healing and mirror effect.

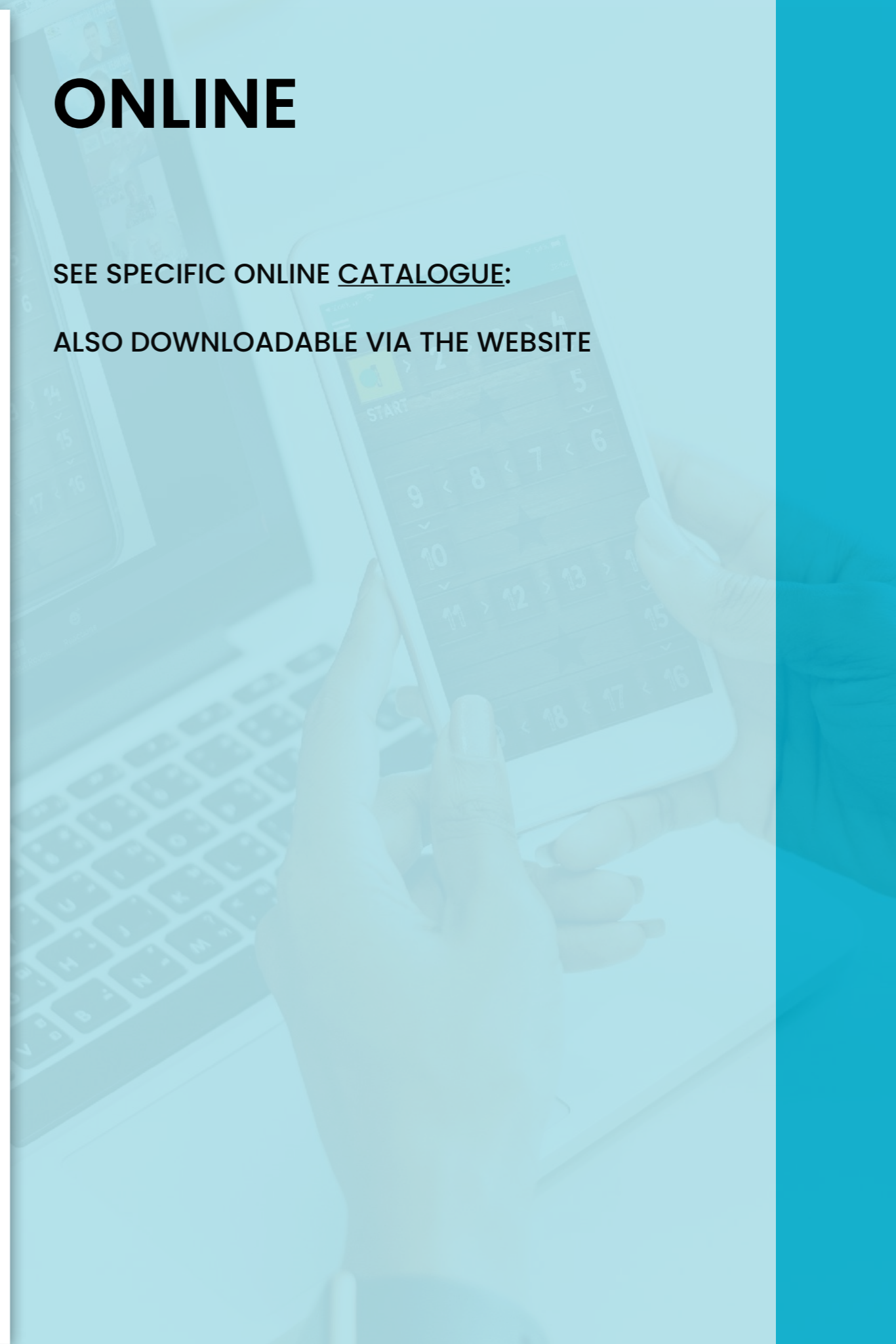
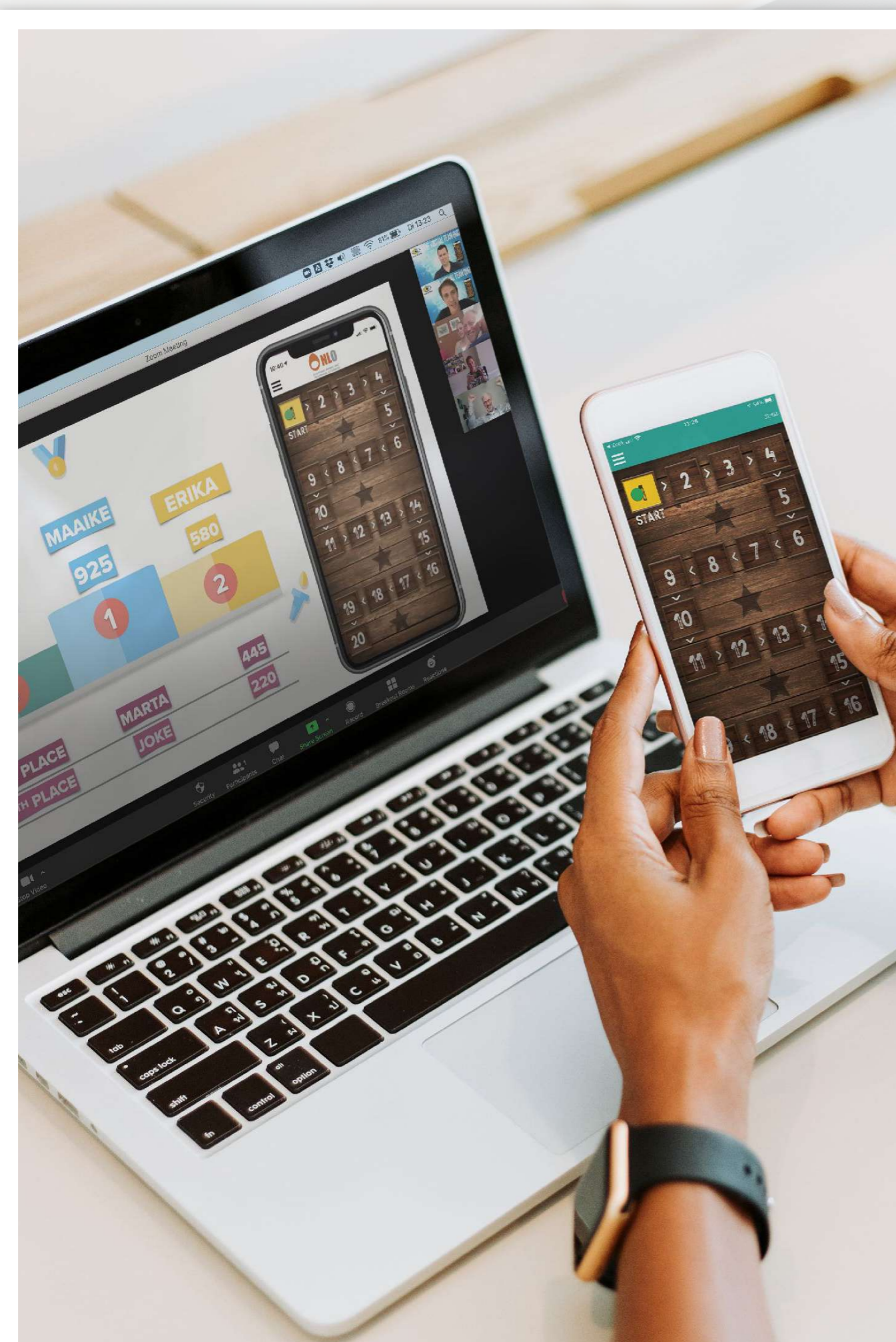
Possible themes: resilience, mission, vision, stress, burnout, career guidance ...



ONLINE

SEE SPECIFIC ONLINE CATALOGUE:

ALSO DOWNLOADABLE VIA THE WEBSITE





LEISURE

Looking for a **pure fun activity** for your group of friends, family team or organization? We are happy to help you on your way to provide the necessary relaxation and activities.

Many of our team development formats are suitable for this. Below we would like to highlight some:

www.eccolaluna.be/leisure

TESTIMONIALS

"The best of the best

Ecco La Luna has always been the ideal partner for planning teambuildings for Kinopolis; creative, very flexible, super-friendly manager and staff. Tout court, a partner you can count on to take care of everything! Kinopolis has high standards and is demanding and Ecco la luna meets all demands!
Highly recommended in event planning!"

THÉRÈSE COOREMAN - KINEPOLIS GROUP

"Absolutely top

The collaboration with Ecco La Luna for the organization of our customer party went smoothly from the very first moment. The creative input, the pro-active approach, the thinking along, the pleasant contacts, the professionalism, the fun, the deployment of people and resources, the flexibility ... it was all equally high and made the event more than successful. The compliments of the participants of the customer party keep pouring in, so nice!"

KATELIJN VANDENBROUCKE - RANDSTAD INHOUSE SERVICES

"Beach event at Beach Club Bredene

An event that was postponed several times due to the pandemic, we were finally able to go ahead in September at the Belgian coast, the weather gods being in our favour. The aim was mainly to introduce our current staff and newcomers to the company to each other, and Ecco La Luna did the art of turning our ideas into a wonderful, active day in a beautiful setting. One employee told me, it was so relaxed that you would think that there was no organisation involved at all, natural flow Thanks to Geert and his staff, Top Team"

ELS CLERBOUT - ETEX

"Fantastic teambuildings with lasting impact

During the whole process I had a very smooth and sincere contact with Michiel. The chosen activity was beautifully elaborated. The whole group was involved and the supervisors overloaded everyone with enthusiasm. We have already booked some teambuildings through Ecco La Luna and it was always a great success. They create unforgettable teambuildings that also promote dynamism on the work floor in the long term".

NATHALIE VAN NUFFEL - CONGRESCENTRUM DE PITTE - APB DE SCHORRE

TESTIMONIALS

"Online codebreaker

We organised an online activity for 40 colleagues in a few days, with the participation of Ecco La Luna, and the feedback was very positive.
The Online Codebreaker combines reflection, fun and some photo and video challenges and it is certainly this mix that pleased the largest number.

CÉDRIC PEETERS - ENGIE

"Teambuilding Taiko

Un tout tout grand merci pour ce superbe moment ! Nous avons dépensé beaucoup d'énergie, mais nous avons aussi récupéré beaucoup d'énergie. Les deux formatrices étaient excellentes, très claires et inspirantes, ce qui fait que nous avons passé un bel après midi en équipe. J'espère que notre enthousiasme était partagé 😊 L'organisation était rapide et efficace !"

LUCIE TIRIAU - LA MONNAIE

"Successful seminar in Reims!

Very well received in the carefully selected hotel,
Logistics and catering seminar picobello: a top location!
Also enjoyed the organised teambuilding activities.
In short, to everyone's satisfaction, we were able to finish a very nice seminar thanks to your intervention! A big compliment!

PATRICIA ALBERS - PROMATIC-B NV - ACTEMIUM

"Another great afternoon!

I don't know how many times we asked Ecco La Luna to organise a team building activity for us but it was again a success! This time we wanted a creative activity and Ecco La Luna suggested sculpting in marl. Although our request came very late, Ecco La Luna still provided a top location, a very good teacher and they took our wishes into account. Under the guidance of Jens, we had a very nice afternoon, we let our creativity run wild and made a nice piece of art as a team that is a lasting memento in our office. As always, everything was professionally arranged by Ecco La Luna and the communication went very smoothly!

KATRIEN ARIJS - ARCHE CONSULTING

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